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Autumn 2024

NON-FICTION

DROEMER* KNAUR* O.W.BARTH*

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KNAUR*
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BALANCE





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Niklas Kolorz

The Last Mysteries of the Universe. Dark matter, black holes, time travel – how science explains the inexplicable

- Frontier areas of knowledge and the stories behind them
- Dark matter, black holes, time travel
- For readers of Mai Thi Nguyen-Kim
- His first book sold over 56,000 copies



October 2024 · 336 pages

Niklas Kolorz is a science journalist with a huge following on TikTok and YouTube. There he prepares scientific information for a wide audience. He also tours Germany, Austria and Switzerland with his science programmes. In 2021, he was honoured with the Grimme Online Award and the Grimme Audience Award for his work. His book (Fast) Alles einfach erklärt, published by Droemer in 2022, was on the list for months. bestseller list for months.

The great mysteries of the universe and our earth - The new bestseller by Niklas Kolorz

In his new book, science star Niklas Kolorz explores the biggest unanswered questions about our universe: What happened before the Big Bang? What is dark matter made of? What does possible life on exoplanets look like? To answer these questions, he goes to places where the traditional models of physics fail and human imagination is stretched to the limit. But the history of science shows: Researchers always manage to explain the once unbelievable. Niklas Kolorz describes the ground-breaking experiments, studies and models that will help to solve these mysteries. Captivating, full of facts and humour, he brings science at the edge of the universe to life.

Further Titles



Jens Foell

Facts are also just opinions. How we scientifically distinguish between truth and perception

- Why (almost) every scientific fact is a matter of opinion
- Bestselling author Jens Foell is the all-rounder among German science communicators
- For readers of Mai Thi Nguyen-Kim, Daniel Kahnemann and Hans Rosling
- Buying impulse: "I want to know how to distinguish fact from fiction and avoid errors in reasoning."



October 2024 · 224 pages

Dr Jens Foell holds a doctorate in neuropsychology and has worked as a brain researcher in Germany and the USA. In addition to research, he is passionate about science communication. He has already given a TEDx Talk on phantom sensations and founded the successful science account Real Scientists DE on Twitter. He has been part of Dr Mai Thi Nguyen-Kim's team since 2020 and regularly appears on MAITHINK X (ZDF-Neo), where he was nominated for the Grimme Prize in 2022 for his work. His book Foellig nerdiges Wissen, published by Droemer in 2023, was on the best-seller list for several weeks.

What is fact, what is fiction?

A fact is a scientifically verifiable fact, whereas an opinion is the result of personal convictions and views. But what role do subjective interpretations play in science? And when does an individual opinion become a scientific consensus? In his new book, neuroscientist and bestselling author Jens Foell explores the tension between fact and fiction in the natural sciences: he follows the course of scientific knowledge in psychology, physics, chemistry and medicine from observation to hypothesis formation and communication. Using numerous examples, he shows why facts in science are often more like opinions - and why there are irrefutable facts. A book that helps to avoid errors in reasoning and is just right in times of heated debate.

"There's nothing positive I wouldn't say about Dr Jens Foell." Mai Thi Nguyen-Kim

Further Titles



Thomas Bugnyar

Ravens. The secret of their amazing intelligence and social skills

- Surprise success of the Austrian hardcover with around 20,000 copies sold
- Beautiful four-colour design with many animal pictures
- Kaufimplus: "I am impressed by the intelligence and social behaviour of ravens."



December 2024 · 240 pages

Thomas Bugnyar is a member of the management team at the Department of Behavioural and Cognitive Biology at the University of Vienna. There he researches the cognitive and social abilities of animals. His work with hand-reared and wild ravens and crows has made him one of the world's leading raven researchers and cognitive biologists.

The fascinating world of ravens

Amazing intelligence, clever use of tools, extremely social behaviour: ravens and crows are surprisingly similar to us humans. But is it true that they live in monogamous relationships? And how do they manage to empathise with others? Raven researcher Thomas Bugnyar dispels myths about ravens and crows and introduces us to the lives, thoughts and feelings of these clever animals. We learn to understand their behaviour, but also that they understand us.

Helga Kausel

My patients walk trot. On the road as a horse vet in the countryside

- The adventures of a horse vet – for fans of true animal stories
- Helga Kausel (@travelling_vet) reaches 130,000 horse fans on social media
- Buying impulse: "I'm a horse fan and want to read exciting stories from the everyday life of a vet."



February 2025 · 224 pages

Helga Kausel, born in 1989, is an Austrian vet and influencer (@travelling_vet and @_travelling_family). After many years of studying and travelling, she has been working as a mobile vet in Bavaria since 2015. She lives in Austria with her husband and two children.

Wild foals, rescued ponies and loving stable owners

For young equine vet Helga Kausel, night-time rescue missions are an everyday occurrence. In her book, she takes us into her turbulent everyday working life in the Bavarian countryside. Whether she is called to the birth of a Shetland pony or rushes to a mare that has fallen into the pool and has to be rescued with the help of the fire brigade: Her love for these clever and gentle animals shines through in every story. And Helga proves time and again that working with horses requires more than the horsepower of her practice car.

Lea Sahay

The end of the Chinese dream. Life in Xi Jinping's new China

- The secret life in the People's Republic: China between everyday life and state policy
- Lea Sahay is one of Germany's most prominent China experts
- For readers of Kai Strittmatter, Frank Sieren and Desmond Shum
- Buying impulse: "I want to understand what is happening in China."



September 2024 · 288 pages

Lea Sahay lives in Beijing and has been the China correspondent for the Süddeutsche Zeitung since 2018. Previously, the political science and Asian studies graduate reported from Shanghai for Wirtschaftswoche. Sahay speaks fluent Chinese and has got to know the country from the inside since she first travelled to China 16 years ago as part of an exchange programme.

Inside China: Behind the closed doors of the world power

For a long time, Beijing's neo-communist combination of growth, nationalism and social control appeared to be a successful alternative to Western democracy and a market economy. But today the façade of the global player is showing cracks: The tech boom is over, the property bubble has burst and the healthcare system is collapsing. Lea Sahay, long-time China correspondent and one of the country's most prominent experts, traces these developments. She takes a look behind the scenes of the country and tells the story of China through the eyes of ordinary people. She combines everyday life and state policy in a unique way and thus provides a key to understanding a country at a crossroads.

Hannah, Chiara

Against the climate of violence. Our risky mission between police and activism for a future worth living

- Police violence, right-wing chats, racial profiling: trust in state power is at an all-time low
- The unusual friendship between a climate activist and a police officer is thought-provoking
- For readers of *Gegen die Ohnmacht, Vor dem Gesetz sind nicht alle gleich* and *Deutschland im Blaulicht*
- Buying impulse: "I would like to know from an insider how the police and society can approach each other."



November 2024 · 240 pages

Chiara (* 1990 in Lübeck) has been in active police service with the federal police for ten years and is now a chief inspector. She hit the headlines in 2023 when she joined the Last Generation in her free time and disciplinary proceedings were initiated against her shortly afterwards. Hannah (* 2001 in California) was involved as an activist in well-known protest actions such as the occupation of the Dannenröder Forest and the village of Lützerath and is active in Extinction Rebellion.

Why the police must engage in dialogue in times of crisis must engage in dialogue

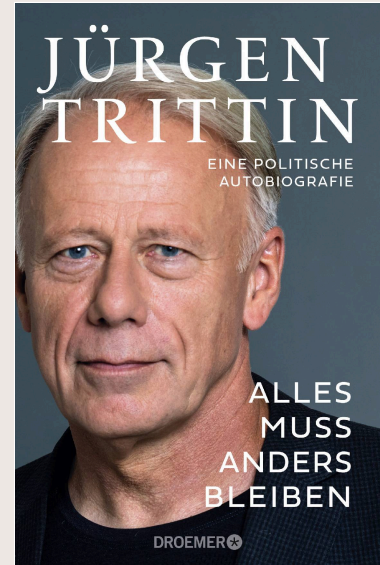
"All Cops Are Bastards": Policewoman Chiara replies to this post by climate activist. Hannah replies to policewoman Chiara and has no idea of the consequences. What could have remained a digital exchange of blows among many becomes the beginning of a friendship and a shared commitment.

While Hannah is met with mistrust from the activists, police officer Chiara is hit hard: her employer opens disciplinary proceedings and a dispute begins about the boundaries between freedom of expression and the duty of neutrality. In the face of countless unresolved crises, it is time to finally break up the ossified structures in the police force.

Jürgen Trittin

Everything must remain different. A political autobiography

- From the seventies to today: the autobiography of a political legend
- For readers of Gregor Gysi and Helmut Schmidt
- Buying impulse: "I like reading biographies of German politicians."



September 2024 · 392 pages

Jürgen Trittin, born in 1954, was a member of the Bundestag for Alliance 90/The Greens for 25 years before resigning his seat in January 2024. He was parliamentary group leader from 2009 to 2013 and a member of the Foreign Affairs Committee from 2014 to 2024, most recently as his group's foreign policy spokesperson. He has been a member of the Green Party since 1980 and held the office of Federal Minister for the Environment, Nature Conservation and Nuclear Safety in the first red-green coalition at federal level from 1998 to 2005. He has been strongly committed to energy policy and global justice for decades.

Why realpolitik needs values

As a post-war child and member of the generation whose parents lived through the Nazi regime and the Second World War, Green politician Jürgen Trittin has been a witness and protagonist of Germany's political history since the early 1970s: As a student and squatter, he experienced the social-liberal years, during the Kohl government of the 1980s he helped build up the Greens, was a state minister and paved the way for his participation in government in 1998 and again in 2021. He has shown time and again how ecologically responsible substantive politics works like no other. Along the milestones of his political life, Jürgen Trittin describes in four autobiographical essays on democracy, equality, ecology and international politics, which are indispensable levers for a value-led realpolitik today and in the future. His book is not only a very personal and politically committed testimony after the end of his political career, but also a piece of contemporary history.

Franziska Schutzbach

Revolution of connectedness. How female solidarity is changing society

- The renowned sociologist and bestselling author on the power of female relationships
- Franziska Schutzbach is one of the leading feminist voices in the German-speaking world
- For readers of Alexandra Zykonov, Teresa Bücker and Mareice Kaise
- Buying impulse: "I want to find out how women can support each other more and work together."



October 2024 · 320 pages

Dr Franziska Schutzbach is a gender researcher, sociologist and activist. In 2017, she initiated the #SchweizerAufschrei and has since become one of the most renowned feminist voices in the German-speaking world. Her book *Die Erschöpfung der Frauen* (The Exhaustion of Women) received widespread media coverage. Franziska Schutzbach lives in Basel.

Allies instead of Rivals: How Female Solidarity is changing society

While men form teams, women have always been taught to be rivals. They vie for the most attractive positions that the patriarchy grants them: the "best mother", the "most beautiful woman" or the "most successful manager". Men still set the standards - and women are guided by their favour, judgement and example.

In her new book, sociologist Franziska Schutzbach argues in favour of overcoming such outdated patterns. She shows what changes when women replace the patriarchy's standards with their own, shared ideas and encourages us to start today.

"Women can start here and now to break away from their orientation towards the male world and counter traditional patterns such as hierarchy and competition with their longing for cooperation and friendship."

Franziska Schutzbach

Further Titles



Achim Kampker

Lust for the future. What we are researching today. What we already know about tomorrow. And why we can have hope.

- Future projects that make you want tomorrow and lead to a sustainable, good life
- Prof Dr Achim Kampker is co-inventor of the streetscooter; together with other researchers, he is working on a model city of the future
- The engineer's credo: don't be afraid of constant change, because above all it is an opportunity



September 2024 · 240 pages

Prof Dr Achim Kampker, born in 1976, is a German engineer, co-inventor of the Streetscooterelectric vehicle, a devout Catholic and founder of the association "Engineers Save the Earth". Since January 2014, he has been head of the Production Engineering of E-Mobility Components (PEM) Chair at RWTH Aachen University, which he founded. His current project: the Humanotope. www.humanotop.de

Enough with the end-time prophecies!

"The reports about the effects of global warming are driving me crazy. We cannot delegate the mammoth task of solving this problem to politicians alone. We all have to get involved! But how can we bring sustainability and the economy together in a meaningful way? In my book, I provide answers to many of the pressing questions and describe a realisable vision for sustainable living. How a systematic combination of existing technologies and a regional masterplan can provide a pragmatic solution to many problems.

I will take you on a journey that I myself began a long time ago. There are many examples that show how technical progress can be reconciled with ecology. This is also about securing Germany as an attractive business location with a sustainable focus. We must do everything we can to harmonise ecology and economy. Environmental and climate protection are a marathon task. Let's take the plunge!"

Prof Dr Achim Kampker

Margret Rasfeld, Ute Puder

The school drama. ... and how we strengthen our children for the future

- Mental stress among children and young people is on the rise.
- How can we strengthen them for the future?
- Current debate book that exposes the weak points of the school system
- An experienced headteacher shows how things could be better
- "I want a good school for my child, without pressure to perform."



November 2024 · 192 pages

Margret Rasfeld, born in 1951, worked for almost 40 years as a teacher, in teacher training and for two decades as a head teacher. As an educational innovator and counsellor, she is still committed to reorienting school education at various levels. The Evangelische Schule Berlin-Zentrum, which she ran for many years, is regarded worldwide as a prototype for the necessary paradigm shift. To support schools in their transformation, Rasfeld founded the "Schule im Aufbruch" initiative with Stephan Breidenbach and Gerald Hüther in 2012. This was awarded the "National Prize - Education for Sustainable Development" by the German UNESCO Commission and the Federal Ministry of Education in 2023.

We need a sustainable form of education!

Margret Rasfeld worked as a teacher for almost 40 years and ran schools for two decades. And there is no question of retirement for the 72-year-old. She fights passionately to change the school system so that all children can fulfil their dormant potential and enjoy learning. From her many years of experience as a teacher and head teacher, she knows about the challenges and structural problems of our education system: many young people experience heteronomy, pressure, competition and fear of making mistakes. Margret Rasfeld is a renowned expert in future education and uses practical examples to show how schools can give children and young people hope, confidence, a sense of efficacy and meaning in times of high psychosocial stress. Only in this way can young people go through life resiliently, deal with serious changes and gain confidence despite all crises. Margret Rasfeld demands: It is important to stand up for fundamental changes now and to act courageously!

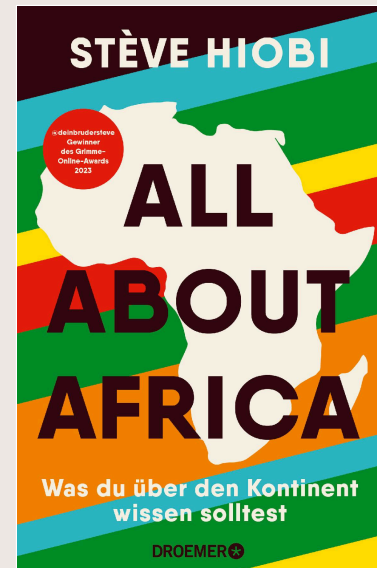
"We need young people to shape the future with a heart: People who have learnt to take responsibility and master challenges. People who stand up for our democracy."

Margret Rasfeld

Stève Hiobi

All about Africa. What you should know about the continent

- Interesting facts about Africa, explained in an accessible and entertaining way
- Stève Hiobi is a Grimme Online Award winner and the most successful German Afrofluencer: over 160,000 followers
- For readers of Dipo Faloyin and Howard French
- Buying impulse: "I want to learn more about the African continent and close my knowledge gap."



December 2024 · 256 pages

Stève Hiobi, born in Cameroon in 1986, is a German-Cameroonian Instagrammer, TikTokker and is considered the most influential German "Afrofluencer". His channels focus on everything that is often neglected in the media but makes the African continent so interesting: history, culture, music and society. Jobi recently won the Grimme Online Award in the Information category for his enlightening work. He lives with his family in Heidelberg.

One continent, countless stories: The blank spots on Africa's map

Why do we know so little about the world's second largest continent? When Africa appears in the media, it is usually only in connection with negative news. Yet this continent has so much more to offer. This is the starting point for Stève Jobi's book: the Grimme Online Award-winning Afrofluencer explains the history of this diverse continent. For example, he shows that the caesarean section was first successfully performed in Uganda and analyses why colonialism is far from over. The question always remains: What does this have to do with us? A fact-filled and entertaining book about a continent that is not only the cradle of humanity, but also its future.

Lisa Ortgies

Hot shit. Love, anger and life for advanced learners

- The new book by the SPIEGEL bestselling author known from her WDR programme Frau tv
- The perceptive picture of the mood of an entire generation of emancipated women in the second half of life
- For readers of Susanne Fröhlich and Christine Westermann
- Buying impulse: "I want to reorient myself in my midlife and am looking for a feminist role model."



September 2024 · 336 pages

Lisa Ortgies, born in 1966, is a presenter, journalist, bestselling author and podcaster. She has presented Frau tv on WDR for over 20 years and is a bestselling author who writes about equality and diversity, ageing and new beginnings. Most recently, her book *Ich möchte gern in Würde altern altern, aber doch nicht jetzt* (Kiepenheuer & Witsch) was published. Her podcasts *Paarschitt* and *Von Müttern und Töchtern* are about family, relationships, the hurdles and dramas of life and the dialogue between the generations.

Ladies, it remains exciting - now the most promising years begin!

When we women celebrate each additional year in our midlife instead of waiting for grey hair, unexpected powers are released! We have survived the rush hour of life and left the first low blows behind us - now is the time to be the person we have always wanted to be.

Self-deprecating, razor-sharp and eloquent, Lisa Ortgies summarises why hot flushes don't have to be extinguished, why women lead a life as a projection screen and why we (often) have no idea what we are made of.

A humorous and empathetic portrait of the mood of a generation of emancipated women in the second half of their lives.

"'Shame on' everything that shames and depresses us, that keeps us down or leaves us speechless." Lisa Ortgies

MIMI

Anger. A hug

- An important book on the taboo subject of female anger
- The perceptive view of a prominent woman who no longer wants to hide her anger
- From the SPIEGEL bestselling author of *Trinkerbelle*
- "I want to learn to stand by my feelings."



May 2025 · 280 pages

MIMI, born in 1975, is an entrepreneur, life coach, designer, entertainer and author. Before ending her 25-year career as an actress, she thrilled an audience of millions as Sister Nora in her last role in the popular RTL series *Nachtschwestern*. The author lives with her family near Munich. Her most recent books published by Knaur include *Trinkerbelle*, *Eigentlich wollte ich mich selbst entfalten* and *Sie dürfen den Frosch jetzt küssen*.

ANGER looks good on her

The longest relationship in MIMI's life is her relationship with anger. She was taught early on to swallow her pride when she, the child of migrant workers, was treated badly. As a young woman, she learnt to hide her despair behind alcohol. And today, looking at things soberly, she finally wants to learn to love her anger.

MIMI uses her own biography to explain why shame and self-doubt were long her daily companions. How she navigated through a world that constantly tried to convince her that she was not beautiful enough, not smart enough, too exhausting, too loud, too much. Only when her addiction ended did she realise that the problem was not herself, but our world full of classism and sexism. This book is a liberation, a sharp-tongued reckoning and a declaration of love to the stunning power of female rage.

"The alcohol is gone. My anger remains. And I'm not done with it yet."
-MIMI

Tanya Raab

Shalom together!. Why we have misconceptions about Jewish life and should change them together

- Queer, activist, feminist: this book does away with anti-Semitic prejudices
- Tanya Raab is known from TV, social media and print
- For readers of Dunja Hayali, Alice Hasters and Deborah Feldman
- Buying impulse: "I want to find out more about how colourful and diverse Jewish life is today."



· 240 pages

Tanya Raab was born in Ukraine and moved to Germany with her parents at the age of three. She has been studying German and Russian at the University of Potsdam since 2019. She uses her activist account @oy_jewish_mamma to raise awareness of Judaism, anti-Semitism and the culture of remembrance. The budding teacher is a sought-after dialogue partner for TV and print media when it comes to modern Jewish life.

A young Jewish voice that wants to be heard

"Is she even allowed to do that?" is a sentence that Tanya Raab often hears. Whether wearing a Star of David necklace at the gym or a rainbow kippah while shopping - the queer and feminist activist shows that Jewish life can be lived differently than you might expect. She talks about her everyday life between tradition and modernity as well as her daily experiences with anti-Semitism, clarifies widespread stereotypes and reckons with the German culture of remembrance. Whether on a date, at university or at a Holocaust memorial event - Tanya has learnt to deal with prejudice and hatred and no longer hide her Jewishness.

"I am a voice that doesn't just want to be heard on Shoah memorial days. I want to talk about modern Jewish life beyond the clichés. I want to talk about how a young Jewish woman like me feels in today's Germany, what fears and worries I have, but also what developments I perhaps perceive as positive." Tanya Raab

Horst Lichter

Time for friendship!

- The bestselling author's most personal book
- Horst Lichter's ratings hit *Bares für Rares* with over 3 million viewers* can be seen daily on TV
- Unique perspective of the media favourite on the topic of friendship with all its facets
- Impulse to buy: "I admire Horst Lichter and would like to find out what true friendship means to him."



October 2024 · 208 pages

Horst Lichter only learnt to cook as a sixteen-year-old to entertain his friends. It was not foreseen that this would turn into a passion that would make him one of the most popular TV chefs. Lichter, who comes from the humblest of backgrounds, is loved by his fans for his down-to-earth attitude and Rhenish warmth and is an integral part of everyday TV life.

A sensitive book about the art of friendship

What does Horst Lichter, the TV star, chef and private person, think about friendship? Does he collect friends like vintage cars and tin toys? Or does a life on the road come at the price of loneliness? In numerous vignettes, Horst Lichter provides an insight into his private relationships. He shows how complicated friendships between husband and wife can be, why it's better not to be friends with your children, how money and friendship are compatible and whether a dog really is man's best friend. Pardon: the poodle, as we have to say in Lichter's case.

"As teenagers, we thought we would be friends forever. But that's very rare ..." Horst Lichter

Andreas Matlé

German things. A story in 75 objects

- From toast Hawaii to corona masks: a cultural history of German things
- 2024: 75 years of the Federal Republic of Germany
- For readers of Hermann Schäfer and Neil MacGregor
- Buying impulse: "I want to learn more about the history of the Federal Republic of Germany through everyday objects."



October 2024 · 432 pages

Andreas Matlé, born in Frankfurt am Main, is a cultural manager, literature enthusiast and author. He recently published the SPIEGELbestseller *45 Sekunden*, a biography of German competitive gymnast and three-time Olympian Kim Bui.

Birkenstocks, Prilblume, Tamagotchi - what things tell us about our country

Three quarters of a century after the founding of the Federal Republic of Germany, this book looks back at the history of the country - and tells it using 75 everyday objects. Some are classics such as the Birkenstock sandal, in the East the so-called foot gymnastics slipper, sometimes forgotten things such as the once popular brocade covers for dial telephones or the transistor radio Sternchen. With his trenchant observations, bestselling author Andreas Matlé paints a cultural-historical panorama of East and West Germany. What's more, when he traces the history of Toast Hawaii, the Yellow Sack and the Weber barbecue, he uncovers an all-German attitude to life.

Four-colour throughout with 75 illustrations.

Claudia Wenzel

My heart could not be divided. A turning point story

- Claudia Wenzel is a successful actress, known for series such as In aller Freundschaft, Der Bergdoktor, Unser Lehrer Doktor Specht and Sturm der Liebe
- Published on the 35th anniversary of the fall of the Berlin Wall in 2024
- For readers of Ursula Karusseit and Michaela May
- Buying impulse: "I am interested in Claudia Wenzel's special biography and her view of the time of change."



October 2024 · 248 pages

Claudia Wenzel, born on 21 September 1959 in Lutherstadt Wittenberg, was a permanent member of the ensemble at the Leipzig Schauspielhaus after studying acting. After reunification, she performed at the Maxim Gorki Theatre in Berlin and the Winterhuder Fährhaus in Hamburg, among others. Claudia Wenzel also appeared in front of the camera in the GDR. Numerous series roles followed after reunification, including in the TV series Unser Lehrer Doktor Specht and the ARD soap Sturm der Liebe. Claudia Wenzel has been married to the actor Rüdiger Joswig since 2003.

From division to unity? A personal view of a reunified Germany

"Why don't you just stay over there?" is a question Claudia Wenzel is familiar with. During guest performances in the Federal Republic of Germany, she had numerous opportunities to "cross over" to the West - and yet the actress always returned to her East German homeland. After all, what would she have wanted in a country without family and friends? At the same time, the political situation in the GDR increasingly worried her.

35 years after the fall of the Wall, the actress looks back on her own inner turmoil. She sheds light on a formative period of German history and takes a critical look at today's social and political landscape.

"As an 'Ossi', I ask myself whether reunification has fulfilled its promise. Have we learnt from history or does the Wall still exist in our minds? in our heads?" Claudia Wenzel

Uwe Birnstein, Volker Eichener

Highway to Heaven. The spiritual message in songs from AC/DC to Led Zeppelin

- Fascinating discoveries in world-famous song lyrics
- A journey through five decades of music history, knowledgeable and vividly written by two thoroughbred music lovers
- Special features, finished with spot varnish, ribbon marker; a wonderful gift for music-loving seekers of meaning



October 2024 · 224 pages

Uwe Birnstein, Protestant theologian and musician, born in 1962, works for television and radio, writes articles for newspapers and magazines and has already published many books, including several biographies of historical and contemporary personalities. For several years, he has been tracing the stories of musicians and their songs. www.birnstein.de

Volker Eichener is a social scientist who gained his doctorate in 1988 and habilitated in 1997. He has worked as a professor of political science at Düsseldorf University of Applied Sciences since 1999. Pop and rock music is his great passion. As an honorary concert organiser, he has met many a rock star in person.

Heavenly hits from rock and pop

There are numerous points of contact between biblical stories and pop and rock music. The treasures of faith can be discovered and unearthed in many pieces of music and songs. Theologian and publicist Uwe Birnstein and social scientist Volker Eichener, both ardent music lovers, have been searching for these treasures for many years. They are driven by curiosity about what lies behind the lyrics and melodies that we have often heard and that especially speak to our inner selves. They share these background stories in such an interesting way that even those who think that God and spirituality do not play a role in their lives will be touched.

The book is about the following songs:

Highway To Hell (AC/DC) / Heaven's here on earth (Tracy Chapman) / Tears in Heaven (Eric Clapton) / Theology (Sinead O'Connor) / Personal Jesus (Depeche Mode) / Jesus He Knows Me (Genesis) / Stück vom Himmel (Herbert Grönemeyer) / Testament (Sarah Lesch) / Interview with God (Udo Lindenberg) / Like a Prayer (Madonna) / Sympathy for the Devil (Rolling Stones) / Gloria (Patti Smith) / I Still Haven't Found (U2) / Karma (Taylor Swift) / Stairway to Heaven (Led Zeppelin)

Matthias Henke

Let's dance the love out. Cornelia Froboess shares her memories

- The first and so far only biography of the entertainer and great actress - with an exclusive photo section
- Created in close collaboration with Cornelia Froboess
- For readers of the books by Mary Roos and Liselotte Pulver
- Buying impulse: "I admire Cornelia Froboess and want to know everything about her life."



November 2024 · 288 pages

Matthias Henke (* 1953) is a professor of musicology, most recently at the University of Siegen and at the University for Continuing Education Krems in Austria. He has published biographies on Haydn, Schönberg, Beethoven, Clara Schumann and others. He met Cornelia Froboess at the Kurt Weill Festival in Dessau in 2015, where the idea for this book was born.

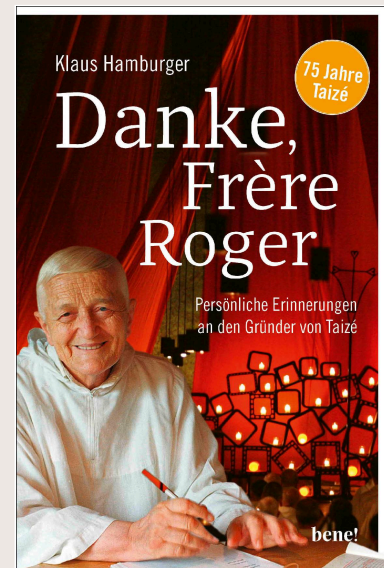
"Maybe it's better to live in a wild marriage artistically"

Cornelia Froboess is probably the artist in whose life and work the history of the Federal Republic of Germany is reflected like nowhere else. Even as an eight-year-old child star, she made her way into the hearts of rebuilding Germans with "Pack die Badehose ein", later competing for the country at the Grand Prix De La Chanson. But at the height of her success as an entertainer, "Conny" decided to make a U-turn: Against all odds, she established herself as a character actress, working with Fassbinder and Everding and Til Schweiger and was a member of the Munich Kammerensemble for many years. For this book, she granted music historian Matthias Henke access to her private archive and revived her memories in intimate conversations.

Klaus Hamburger

Thanks, Frère Roger. Personal memories of the founder of Taizé

- Personal memories of a long-standing companion and fellow brother of the Taizé community
- on the occasion of the 75th anniversary of the community and the 110th birthday of Brother Roger



September 2024 · 224 pages

Klaus Hamburger, born in 1953, studied theology in Lyon and Strasbourg, was a chaplain in a hospital and a prison and works as a translator and publicist. He lived in Taizé for over 30 years as Brother Wolfgang, translated Brother Roger's texts, was jointly responsible for the community's publications, helped to look after the German-speaking guests and prepared the "Nights of Lights" with them in their home towns.

Memories of Brother Roger - on the 75th anniversary of the Taizé Community

Millions of people know the "Nights of Light" and the songs from Taizé. Klaus Hamburger, who lived there among the brothers, shares his personal memories of the founder of the community - Brother Roger. He is regarded as one of the great religious personalities of the 20th century, dedicated his life to ecumenism, was a seeker of God, a lover and a doubter. 75 years ago, the first seven brothers professed their so-called life commitment. Today, around 100 brothers from over 30 countries belong to the Taizé Community, which organises large youth meetings.

Jan Vagedes

Child-friendly medicine. Understanding, treating and preventing paediatric diseases holistically

- Everything parents need to know about holistic paediatric health
- Dr Vagedes is the head physician for paediatrics and adolescent medicine
- Dr Jan Vagedes expands the knowledge of medicine with an anthroposophical perspective
- Buying impulse: "I would like to get comprehensive information on how I can help my child myself."



December 2024 · 448 pages

Dr Jan Vagedes has been Head Physician of the Department of Paediatrics and Neonatology at the Filderklinik in Stuttgart, which has an anthroposophical focus, since 2019. He has been Scientific Director of the ARCIM Institute (Academic Research in Complementary and Integrative Medicine) since 2010. He also teaches as a research assistant at the University of Tübingen. After training as a specialist in paediatrics, classical homeopathy and anthroposophic medicine, he went on to specialise in neonatal medicine (neonatologist). Dr Jan Vagedes is one of the leading international experts in his specialist fields.

The big house book on children's health

Dr Jan Vagedes is the leading expert in holistic paediatric and adolescent medicine. The first part of his comprehensive guide provides a holistic understanding of paediatric health and the development of diseases.

The second part contains the most common paediatric diseases, organised by organ and from A to Z:

- For children from 0 to 12 years
- Everything parents need to know about self-help
- Naturopathic applications: How it's done
- First aid: How to act correctly in an emergency
- Complaints register as a quick finder
- Traffic light system (green: self-treatment, orange: only in addition to medical therapy, red: see a paediatrician)

Malte Rubach

The biggest plant-based nutrition myths. Why vegans aren't always right, but sometimes they are

- Plant-based nutrition is put to the test - scientifically sound, clear and entertaining
- Differentiated presentation that puts an end to half-truths and misunderstandings
- Dr Malte Rubach holds a doctorate in nutritional science
- Kaufimpuls: "I'm looking for scientifically sound guidance in this vegan jungle."



November 2024 · 208 pages

After working in Giessen, San Diego and Madison, nutritionist Dr Malte Rubach completed his doctorate at the Technical University of Munich. He is a sought-after expert when it comes to food, nutrition, sustainability and innovation. He lives and works in Munich.

Finally the full truth about plant-based nutrition!

Are vegan and vegetarian convenience products unhealthy? Is soya harmful for men? In his latest guide, nutritionist Dr Malte Rubach puts the health advantages and disadvantages of a plant-based diet to the test. With scientific clarity, he analyses the 30 most common myths, half-truths and misunderstandings surrounding the popular trend. He thus offers anyone who is interested in this diet or is already integrating it into their everyday life well-founded and compact insights to help them make safe and independent nutritional decisions.

Franziska Rubin

Magic Midlife. How to make the second half the best half of your life

- The first narrated guide by the popular doctor: personal, up-close, humorous and instructive
- Scientifically sound: everything you need to know about ageing and happiness in midlife
- Total circulation Franziska Rubin: over 800,000 copies sold
- Buying impulse: "As a woman over 50, you feel discarded and I don't feel like it."



October 2024 · 256 pages

Dr Franziska Rubin is a holistic doctor, TV presenter and bestselling author. From 1998 to 2015, the doctor of medicine presented the weekly MDR health magazine programme Gesund. She is a Kneipp Association Health Award winner and a sought-after speaker. She is particularly keen to offer competent advice and help to as many people as possible and to inform them about the fascinating possibilities of naturopathy and complementary medicine.

A new start in midlife with bestselling author Franziska Rubin

Many women in midlife feel exhausted and are preoccupied with the question: What's next? Plenty, says the well-known bestselling author Franziska Rubin. After all, now is the ideal time to set the right course for the coming years and live a more relaxed, optimistic and healthy life. Based on the studies of centenarians and Harvard happiness research, she describes her own struggle for the "magic midlife" in a humorous and touching way. She names the most important tools, from the body MOT to the right mental attitude, and motivates women to finally listen to their hearts - because happiness has never been a question of age.

Franziska Rubin

First aid for the menopause. My best holistic tips

- High-quality card box with 21 emergency helpers
- The best holistic tips for the menopause from bestselling author Franziska Rubin
- Simple exercises, tips and recipes for the most common complaints
- Buying impulse: "I'm in the middle of menopause and am looking for tips on how to deal with it better."



December 2024 · 48 pages

Dr Franziska Rubin is a holistic doctor, TV presenter and bestselling author. From 1998 to 2015, the medicine doctor presented the weekly MDR health magazine programme Hauptsache Gesund. She is a Kneipp Association Health Award winner and a sought-after speaker. She is particularly keen to offer competent advice, help as many people as possible, and inform them about the fascinating possibilities of naturopathy and complementary medicine. Further information can be found at <https://www.franziska-rubin.de/>

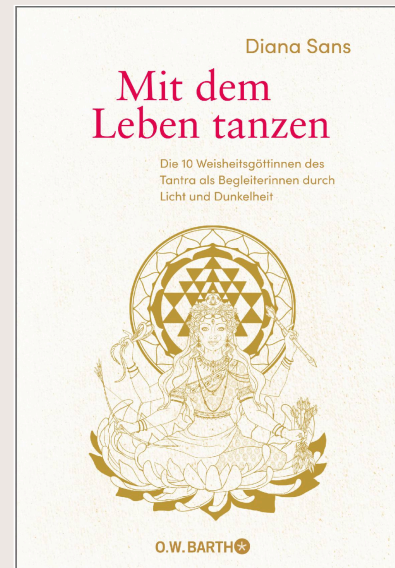
Put an end to bad moods, hot flushes and sleep disorders

The popular naturopathic doctor Dr Franziska Rubin collects the 21 most effective boosters for menopause in her new card box. Each of the 21 cards offers practical advice for typical symptoms - whether hot flushes, sleep disorders or mood swings. Simple recipes, effective exercises and motivating impulses help women experience this phase more energy and confidence. The accompanying booklet provides in-depth information on the holistic way to deal with menopause - scientifically sound and explained in an approachable way.

Diana Sans

Dancing with life. The 10 wisdom goddesses of tantra as companions through light and darkness

- The big tantra trend in yoga: feminine and life-affirming spirituality
- The author is the expert in the German-speaking world
- With meditations, reflections and illustrations of the goddesses
- Purchase impulse: "I am interested in the symbolism of goddesses in all cultures."



September 2024 · 224 pages

Diana Sans has been practising yoga for 20 years and teaches in Munich and at her popular retreats in Germany and abroad. She trains yoga teachers and has dedicated herself to studying the various currents of yoga philosophy, of which the tantric traditions in particular characterise her teaching. The mother of two lives and teaches yoga as a journey of the soul that is suitable for everyday life and leads to greater awareness, joie de vivre and the development of one's own potential. www.dianasans.com

Experience timeless wisdom with the 10 great goddesses of Tantra

Tantra expert Diana Sans presents the ten great wisdom goddesses of tantra. The Indian goddesses each represent ten cosmic and inner qualities such as the ability to love, to affirm life, but also the wise handling of transience and grief. The reflection questions and contemplations at the end of each chapter invite a very personal examination of the respective goddess's theme. Each one conveys to us in its own way a contemporary, feminine and effective spirituality in which we learn to flow and dance with life.

Tala Mohajeri

Wise, wild and feminine. Awaken the goddess within you

- The practical goddess book for modern women
- Author gives women's seminars and has a high media profile
- With goddess meditations, inspiring rituals and in-depth knowledge of medicinal plants
- Purchase impulse: "I want to live more in harmony with nature and the feminine elemental forces."



October 2024 · 256 pages

Tala Mohajeri is a naturopath, healer and forest witch. She lives in a house in the middle of the forest south of Hamburg, where she works in her practice for shamanic healing knowledge. Her practical work focuses on bodywork, nature and spirituality. In her practice, she combines modern techniques of psychological counselling and consciousness training with shamanic rituals. She also imparts her knowledge in the fields of meditation, witchcraft, mediumship and healing in the form of workshops. Her aim is to make spirituality socially acceptable and to take psychosomatics into account in all disease processes.

Manage everyday life better with the elemental power of the goddesses

The ancient myths about goddesses contain a wisdom that has been lost to us. However, the paths they reveal for inner spiritual growth processes are still instructive and healing today. Tala Mohajeri makes this ancient knowledge accessible again through twelve selected goddesses and reveals their messages for modern women. In this way, we can connect with the goddess energy, perform rituals and meditations and learn about supportive medicinal plants to help us access our power. In twelve chapters, we delve into the aspects of the goddesses and learn to connect with our own spirituality.

Luisa Francia

The power of the hidden. How the submerged, forgotten, concealed controls our lives

- Spiritual guide to the hidden power of the invisible
- From Germany's best-known magician and shaman
- With 25 drawings by Luisa Francia and 19 rituals
- Buying impulse: "I love Luisa's contributions to Happiness and am looking forward to her new book."



August 2024 · 144 pages

Luisa Francia is a writer, artist, magician, traveller, has a grown-up daughter, speaks five languages and has published over thirty books, some of which have become bestsellers. She gives seminars, teaches yoga, gives readings and lectures, mainly focussing on women's power and women's wisdom. She lives near Munich and in Portugal.
www.salamandra.de

How real is reality? A look behind the curtain of the visible

The power of the hidden, the forgotten, the concealed controls our lives without us realising it. In her new guidebook, the well-known shaman Luisa Francia makes us aware of the magical world of the invisible that is at work in our everyday lives. For example, we know nothing about how our bodies function on their own every day - even when we sleep; we marvel at how healing happens, we unconsciously act according to old family taboos ... What drives us? What motivates us? How free are we really? Luisa Francia takes us on a magical journey and uses rituals to enable us to connect with the deeper levels of life and to feel protected and secure.

Teresa Zukic

Enthusiastic about life. About the happiness of the best years

- A woman who gives courage and hope
- The perfect gift for anyone in the second half of life
- Numerous events in German-speaking countries



August 2024 · 192 pages

Teresa Zukic, born in 1964, is the founder of the "Little Community of the Brothers and Sisters of Jesus", one of the best-known Christian authors in the German-speaking world and a sought-after speaker. When she was diagnosed with cancer in 2020, she decided to openly report on the ups and downs of her illness on social media. With her talks, she encourages people to make the best of their lives. She was honoured for her work with the Medal of Merit of the Order of Merit of the Federal Republic of Germany and the Bavarian Order of Merit.
www.schwester-teresa.de

Getting older? It can also be full of joie de vivre!

The FAZ once called her "the German answer to Sister Act": Sister Teresa Zukic radiates pure joie de vivre - especially since she survived a serious bout of cancer. In her new book, the popular Christian author - who turns 60 on 5 August - writes about the happiness of the best years and invites us to look positively to the future. In doing so, she addresses many topics that concern people in their old age: dwindling strength, associated fears and worries, but also valuable friendships and relationships that help us to look at one thing or another with composure. She is certain that whether we are happy - despite everything - also depends on our attitude to life. In the knowledge of the preciousness of life and with the good feeling of having a foothold in faith, the cheerful Christian shapes her everyday life, shares the most beautiful stories and encourages us to embark on the last stage of life full of confidence.

"My inner freedom has increased over the years. And it takes humour to deal with an increasingly complex world and the health restrictions that come with age and many an illness." - Teresa Zukic

Ilona Daiker

The temple in the mountains and the secret of self-love. How I learnt that I am good enough

- Reorientation and self-acceptance: an empathetic search for meaning
- Trend topic narrative life coaching à la Tessa Randau and Robin Sharma
- Bibliophile edition with 20 beautiful illustrations
- Buying impulse: "Since I stopped working, I feel worthless and am looking for direction."



August 2024 · 160 pages

Ilona Daiker came into contact with Buddhism during her German studies in Berlin. Fascinated by the Far Eastern art of living and healing, she dedicated herself to traditional Chinese medicine and shiatsu after graduating. Numerous trips to Asia and retreats in Thailand and Sri Lanka deepened her relationship with Buddhism. In addition to her work as a naturopath, she also worked as an author, proofreader and editor for various publishing houses in Hamburg in the early 1990s. In 1998, she moved to Munich, where she now lives and works as an editor and freelance author. She has written several books, including the bestseller *Gelassen wie ein Buddha*.

A story of self-discovery about trust in oneself

Lisa is unexpectedly made redundant shortly before her sixtieth birthday. From one day to the next, nothing is as it was. No more recognition from her job, lots of free time and the nagging question: "What can and will I do now?" Time out seems to be the answer. During a meditation retreat in Sri Lanka, she discovers how much her own perfectionism has made her life difficult. She learns that she doesn't have to achieve anything to be worth something and how beneficial self-care and self-compassion are. The realisation that you are good enough just the way you are opens the door to a new life for her.

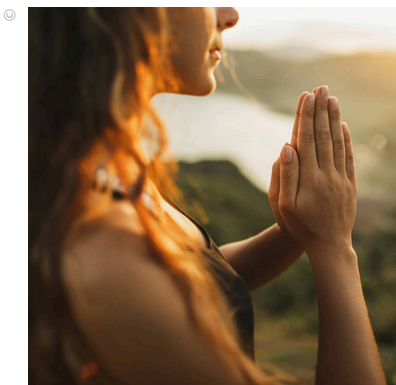
Ronja Lange

The enchanted hut and the miracle of mindfulness. How I began to follow my heart

- Empathetic story of self-discovery about the life-changing power of mindfulness
- On-trend narrative life coaching à la Tessa Randau and Robin Sharma
- Bibliophile edition with 20 beautiful illustrations
- Impulse to buy: "I am looking for a poetic text that brings me closer to the secret of joie de vivre."



August 2024 · 208 pages



A captivating tale about the deep longing to be truly alive

In the midst of a life crisis following her divorce and the departure of her daughter, Hannah feels disorientated and has no prospects for the future. On her 50th birthday, she meets the cheerful guitarist Mari-belle, who invites her to visit her enchanted little house on the edge of the forest. Hannah is only too happy to accept the invitation, as she has long harboured a heartfelt wish ... Through Mari-belle and her simple but profound teachings on mindfulness, Hannah begins to see her life from a new perspective. She realises that it is never too late to appreciate the beauty of life and enjoy the moment.

Ronja Lange was born in Hamburg in 1968 and studied literature in the Netherlands. Shortly before graduating, she gave birth to twins. In addition to her role as a single mother, she took guitar lessons at the conservatory in Maastricht. During the Covid pandemic, she fell seriously ill. This led her to focus intensively on yoga, spirituality, philosophy of life and mindfulness in particular. She has been writing poems and short stories for a long time and eventually wrote this book. Today, Ronja Lange lives alternately in Amsterdam and Corfu, where she teaches yoga and meditation.

Birgit Fehst

Hard truths from the life of a couples therapist. For everyone who is in a relationship, used to be in one or would finally like to be in one

- The first guide from the popular couples therapist with all the important answers on the subject of love
- Birgit Fehst is a certified couples and sex therapist with her practice
- Purchase impulse: "I hope Birgit Fehst will give me relationship advice that will finally help."



September 2024 · 272 pages

© Mirjam Knickriem



Birgit Fehst, born in 1969, studied American Studies, French and Psychology in France, the USA and Germany. She worked as a journalist and presenter for many years and became a couples therapist in her late 30s. She counsels couples and individuals internationally online and in her practice on the most beautiful topic in the world: relationships. The author has been present on social media since 2022 and with great success. Birgit Fehst lives in Berlin.

What lies behind couple problems and how to solve them

Her videos *Harte Wahrheiten aus dem Leben einer Paartherapeutin* (Hard Truths from the Life of a Couples Therapist) have earned couples and sex therapist Birgit Fehst millions of views on TikTok in no time at all. Behind them are short and snappy sentences about typical couple problems or dating topics. After the hard relationship truths now come the detailed answers in book form. Without mincing her words, the author explains the psychology behind fear of commitment, ghosting and lovesickness. Birgit Fehst helps you to free yourself from toxic relationships, to be mindful of yourself and others during the dating phase and to finally find the love you deserve.

Margot Käßmann

Colours of hope. What gives us strength and confidence

- Just in time: the new pastoral book by successful author Margot Käßmann
- With 14 luminous pictures and many sketches by the artist Eberhard Münch, who has already illustrated the author's SPIEGEL number 1 bestseller "Sehnsucht nach Leben" (Longing for Life)
- A wonderful gift for anyone who needs confidence, comfort and encouragement



September 2024 · 192 pages

Margot Käßmann, born in 1958, is one of Germany's best-known personalities. During and after her time as Bishop of Hanover and Chair of the Council of the Evangelical Church in Germany, she won the sympathy of many people with her open, straightforward manner. She is the mother of four grown-up daughters and grandmother of seven grandchildren. www.margotkaessmann.de
 Eberhard Münch, born in Mainz in 1959. Studied Italian mural painting in 1981. Studied at the Academy of Fine Arts in Nuremberg from 1983 to 1987. Freelance painter and interior designer since 1987. Commissions at home and abroad. Numerous exhibitions. www.atelier-muench.de

Finding stability in uncertain times

The news is full of horror stories every day, many conflicts are coming to a head and personal crises are inevitable. It is difficult to remain hopeful in the face of all this and to confront our own fears. In her new book, bestselling author Margot Käßmann approaches these topics from a biblical and theological perspective, but also from a very personal point of view. She has had to deal with serious illness herself and knows the feeling of distress. But she also knows about the power of faith, love and hope. Perhaps this is precisely why she is a credible ambassador of confidence for many people. Illustrated with 14 full-page colour pictures and coloured sketches by the artist Eberhard Münch.

"For me, the Christian faith is a crucial anchor in life. I can find rest, peace, courage and hope in God. That doesn't mean that there is a life without fear for Christians. But they know where they can find support. We can hope together. And we are called upon to stand up for our convictions!" - Margot Käßmann

Margot Käßmann

More than yes and amen. Faith belongs in the centre of life

- An encouragement to intervene in everyday life and in society. On a small and large scale
- Updated and expanded new edition of the SPIEGEL best-seller
- With knife cuts by Martin Glomm

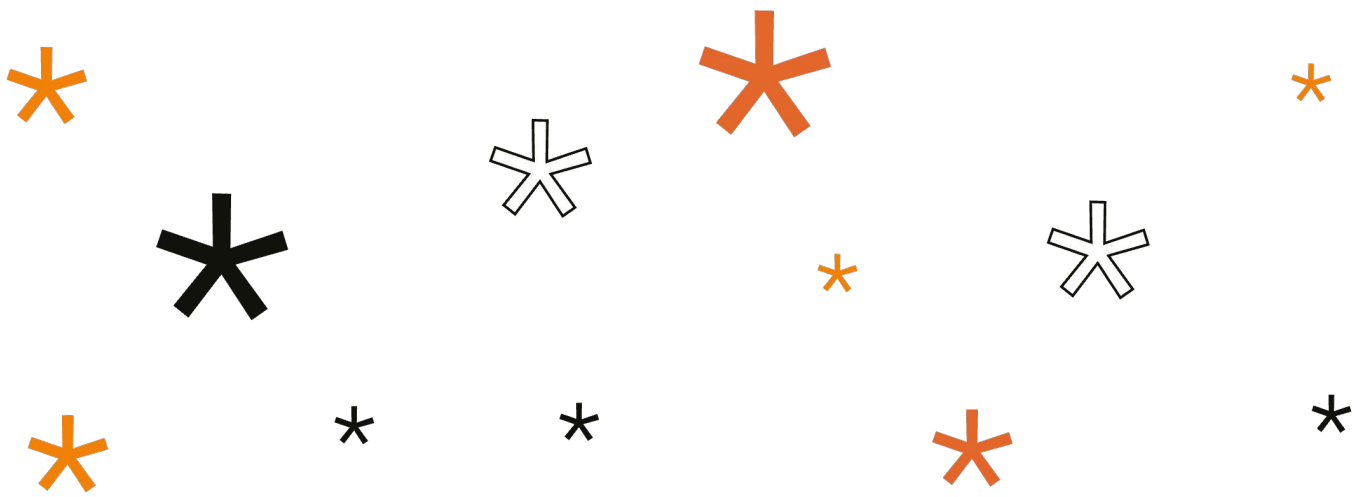


September 2024 · 256 pages

Faith belongs in the centre of life

"Faith does not take place on the sidelines. How we live, in everyday life and in society, is where our Christianity proves itself. We feel called upon to stand up for justice, peace and the integrity of creation. That is why the church cannot be a space that is isolated from everyday life."

In her book, Margot Käßmann sheds light on social and political developments. The new edition of the book has been completely revised and contains current texts, speeches and sermons by well-known theologian - including on the topics of peace, right-wing radicalism, hatred and hate speech. With illustrations by Martin Glomm.



If you have any questions,
suggestions or requests, please
feel free to contact us at:

foreignrights@droemer-knaur.de

