

Non-Fiction Autumn 2024



NON-FICTION

Autumn 2024

Foreign Rights Guide

Contents

03	From Global Power to Trouble Spot JO ANGERER
04	War Without End? MICHAEL LÜDERS
05	The Chinese Nightmare PHILIPP MATTHEIS
06	Operation Longer Lifespan THOMAS SCHULZ
07	The Homes We Want GABRIELA BECK
08	Human Protection Area ULI BURCHARDT

09	How D’You Do, I’m Beaver BETTINA KUTSCHENREITER, CHRISTIAN KUTSCHENREITER
10	Dimming the Sun THOMAS RAMGE
11	Beech Life PETER WOHLLEBEN
13	Hedda Adlon FELIX ADLON, KERSTIN KROPAC
15	Münter & Kandinsky ALICE BRAUNER, HEIKE GRONEMEIER
17	Becoming Thomas Mann HEINRICH BRELOER

18	Boss Woman MARINA BUZUNASHVILLI
19	Clara CHRISTINE EICHEL
20	Going Dry MIA GATOW
21	Memoir of a Ne’er-do-well ANATOL REGNIER
22	“If No One Follows, Make Your Own Way” JÜRGEN TODENHÖFER
23	Alma & Alfred Hitchcock THILO WYDRA

25

Unspeakable

JANA BAUMANN, ANNE ROTH

26

My Husband Is the Better Mother

ANNA CLAUß

27

Empathic Leadership

LUNIA HARA

28

Togetherness

HADIJA HARUNA-OELKER

29

The Future Is Magic

MATTHIAS HORX

30

Dinner's Served! Tales from Europe's Dinner Tables

WLADIMIR KAMINER

31

Suffering: The Emotional Tides of Life

NADY MIRIAN

32

Wise Women

MIRIAM STEIN

33

Things Don't Get Better Just Like That

CHRISTIANE STENGER, STEPHAN PHIN
SPIELHOFF

34

Community

RONJA VON WURMB-SEIBEL

35

Who Am I – And If Yes, How Many? The Graphic Novel

RICHARD DAVID PRECHT, MARTIN MÖLLER

37

O'zapft is!

MARGARETE PRIJAK

JO ANGERER

From Global Power to Trouble Spot

THE FALL OF THE SOVIET UNION AND ITS CONSEQUENCES

Date of publication: October 16, 2024

With 8-page 4c insert

Highly topical and political: is the current war in Ukraine the future for all post-Soviet states?

Between March 1990 and December 1991, a global superpower collapsed. During this time of economic and social upheaval, the Soviet republics and their sub-regions declared their independence from the USSR; borders were redrawn at will all over the map, and ever since then trouble has been brewing, and occasionally flaring up – generally unnoticed by the Western news media. In the newly created states, some ethnic groups have been demanding sovereignty: Nagorno-Karabakh is seeking independence from Armenia, South Ossetia and Abkhazia from Georgia, Transnistria from Moldova – often with local support from pro-Russian forces controlled by Moscow. The same happened in Crimea and eastern Ukraine – and it ended in war.


Journalist and Moscow correspondent Jo Angerer explains the historical background of the post-Soviet regions and their conflicts. He has travelled to border regions and spoken to experts and eye-witnesses. The former USSR has gone from global superpower to crisis zone – is there a way to avoid future wars?



Non-Fiction, History, Non-Fiction, Politics

Publishing House: Goldmann
Format: Hardcover
Pages & Size: 256 | 13,5x21,5
cm
Illustrations: 10 b/w
illustrations
Original title: Von der
Weltmacht zum
Weltkrisenherd

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AUTHOR

Jo Angerer



© Annika Fußwinkel

Jo Angerer, born in 1956, began his career as a journalist working for the Bayerische Rundfunk in Munich. After moving to the WDR, he worked on the ARD programme Monitor, and wrote and directed several documentaries for ARD and WDR. He specialises in investigative journalism and peace and security policy. In 2019, he moved to Moscow, where he now works as a TV correspondent.

MICHAEL LÜDERS

War Without End?

HOW THE CONFLICT IN GAZA POSES A THREAT TO PEACE IN THE MIDDLE EAST AND EUROPE

Date of publication: September 18, 2024

With timelines, 4c maps and numerous images

Acclaimed Middle East expert Michael Lüders on the war in Gaza, its background and causes

Hamas's assault on Israel on 7 October 2023 has started a new war – with devastating consequences for people on both sides, but especially those living in Gaza. At any moment, the violence could spread across the whole region, from Yemen to Iran, which would also have fatal consequences for Europe. The instability in the region is already threatening trade relations, and exacerbating divisions between east and west. "War Without End?" is the accessible, fascinating new book by Middle East expert and bestselling author Michael Lüders, in which he explains the background and causes of the conflict between Jews and Arabs, which began in the nineteenth century. He tells the story of the creation of the state of Israel in 1948, the expulsion of the Palestinians, the subsequent wars and hopes dashed. He also interrogates Germany's attitude of political pragmatism, which effectively means forming an alliance with an extreme right-wing Israeli government.

Will the Middle East ever know peace? What does the future look like for Israelis and Palestinians? Is the two-state solution realistic – or do we need a new model, which can bring everyone together?




**Non-Fiction, Current Affairs,
Non-Fiction, History,
Non-Fiction, Politics**

Publishing House: Goldmann
Format: Hardcover
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Original title: Krieg ohne Ende?

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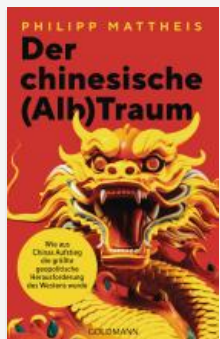
AUTHOR

Michael Lüders



© Mike Minehan

Michael Lüders studied politics and Islamic studies in Berlin and Damascus, and spent years as a Middle East correspondent for Die Zeit. He reported from Afghanistan in the 1990s, was legendary journalist Peter Scholl-Latour's successor as president of the German-Arab Society, and is a member of the Bundestag's fact-finding committee on Afghanistan. He is a frequent guest on radio and TV, and regularly posts videos on current affairs on YouTube. His most recent books are the bestselling "Hybris am Hindukusch" ('Hubris in the Hindu Kush') and "Die scheinheilige Supermacht" ('The hypocritical superpower'), and "Moral über alles" ('Morality First?').
www.michael-lueders.de



**Non-Fiction, Current Affairs,
Non-Fiction, Politics**

Publishing House: Goldmann
Format: Hardcover
Pages & Size: 304 | 13,5x21,5
cm
Original title: Der chinesische
(Alb)Traum

PHILIPP MATTHEIS

The Chinese Nightmare

HOW CHINA'S RISE REPRESENTS A MAJOR GEOPOLITICAL CHALLENGE FOR THE WEST

Date of publication: November 20, 2024

All rights available except English


In 2030, China's economy will overtake that of the US. How will this affect the global power balance?

Along the new Silk Road, China is extending its power into places the West has left behind. While the US has the tech advantage in many fields, China has the biggest production capacity in the world. While Washington controls oil, a raw material for the twentieth century, China controls the rare earth metals we need in the twenty-first. Beijing is even countering the concept of the American dream with its own Chinese dream: an orderly life, material wealth – but without freedom of speech or true democracy.

In "The Chinese Nightmare", journalist and long-term China correspondent Mattheis traces the fault lines between the two superpowers, taking us on a journey to Taiwan, South Korea, Singapore and Congo, where war is on the horizon; and into the world of satellites, semiconductors and data streams, where a cold war is already going on. The author explores whether this twenty-first-century US–China rivalry can be resolved peacefully, and what it means for smaller countries, not least Germany. Only few have profited as much as Germany's auto industry from China's rise – so how should the country position itself in this conflict between East and West?

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AUTHOR

Philipp Mattheis



© Marc Seelos

Philipp Mattheis, born in 1979, has a degree in philosophy and is a graduate of the German Journalism School. He has been foreign correspondent for various media since 2011, including Stern, Capital, WirtschaftsWoche and Standard. He lived in Shanghai from 2011–2016 and 2019–2021, and was based in Istanbul from 2016–2019, where he reported on events in Turkey and the Middle East. He is the author of several books. His most recent book is "Die dreckige Seidenstraße" ('The Dirty Silk Road', 2023). www.philipp-mattheis.com

THOMAS SCHULZ

Operation Longer Lifespan

HOW LIVING 100 HEALTHY YEARS IS NOW POSSIBLE, THANKS TO HIGH-TECH RESEARCH AND MEDICINE – AND WHAT WE NEED TO DO TO HELP THINGS ALONG

Date of publication: September 25, 2024

A sneak peek into high-tech research labs: what they're working on, what they're planning, and what we can already do today

Elite researchers around the world agree: one day, it will be possible for us to remain fit and healthy into our mid-90s, and a lifespan of 120 years will be a reality for many of us who are alive today. But what can we do to guarantee that we not only live longer, but remain healthy for longer?

In his new book, Silicon Valley correspondent Thomas Schulz speaks to business chiefs, elite researchers, AI experts and medics; gives us exclusive insights into what's going on in Google's secret labs and in biohacker test kitchens; and explains what each of us can – and should – do. "Operation Longer Lifespan" offers independent, sophisticated advice to a rapidly developing research field, and empowers readers to actively participate in prolonging their lives; because, crucially, modern health is not a mass concept but personalised, based on an infinity of personal data points, from genomes to microbiomes.

- For fans of Peter Attia's "Outlive: The Science and Art of Longevity"



Non-Fiction, Science & Medicine, Non-Fiction, Social & Cultural Studies

Publishing House: DVA
Format: Hardcover
Pages & Size: 304 | 13,5x21,5 cm
Original title: Projekt Lebensverlängerung

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AUTHOR

Thomas Schulz



© Stephen Lam

Thomas Schulz, born in 1973, was Spiegel's US correspondent for almost a decade: first based in New York (from 2008), he moved to San Francisco in 2012 to set up its Silicon Valley desk. Since 2018, he has written about the dangers and opportunities of progress, and the effects of the digital revolution on society, politics and culture. He has been awarded the Henri Nannen Prize, the Holtzbrinck Prize for Economics Journalism and was elected Reporter of the Year. His acclaimed and bestselling "Was Google wirklich will" ('What Google really wants', 2015) and "Zukunftsmedizin" ('Future medicine', 2018) are both published by DVA.

GABRIELA BECK

The Homes We Want

MAKING OUR TOWNS AND CITIES BETTER PLACES TO LIVE: A DESIGN FOR CHANGE

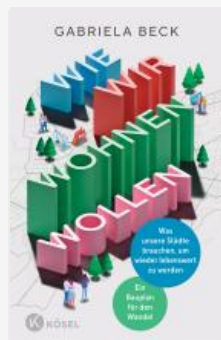
Date of publication: October 23, 2024

We must reclaim our residential spaces

Where we live directly affects our health and social wellbeing. But while wealthy urbanites secure luxuriously renovated, centrally located character properties, the rest of us are pushed ever further into insufficiently connected commuter towns. Currently, construction projects are guided not by need, but the desire for profit; they aim to create valuable assets and work within outdated urban concepts, rather than providing a habitat fit for the modern world. The gap between housing for the rich and poor and the resulting sense of frustration are growing even more rapidly than the commuter belt.

Meanwhile, we are facing climate change (with its prolonged heavy rains and heatwaves) as well as demographic changes, increasing digitisation, and new traffic and energy needs. If we want to adapt, we must radically transform our towns and cities. We simply can't carry on like this – and now is our opportunity to create affordable places, where people can live together peacefully, healthily and happily.

In "The Homes We Want", journalist and architect Beck describes some of the successful examples of positive, practical and feasible urban planning, and inspires us to think more deeply about how we want to live in future. She argues that despite the challenges, sustainable solutions are possible – it's time to reclaim our cities, and we can all do our bit.




Non-Fiction, Nature & Climate Change, Non-Fiction, Social & Cultural Studies

Publishing House: Kösel
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 Original title: Wie wir wohnen wollen

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AUTHOR

Gabriela Beck



© Saskia Uppenkamp

Gabriela Beck has degrees in architecture/urban development and is an alumna of the ETH in Zurich and the TU in Munich. She has written about sustainable urban development and future trends in residential architecture for, among others, Süddeutsche Zeitung, as well as specialist publications and websites such as Competitionline and Stylepark. She lives in Munich, where she has experienced first-hand the negative effects of rent hikes and growing inequality on a city's fabric. She also detests boring, unimaginative urban developments.



Non-Fiction, Nature & Climate Change, Non-Fiction, Social & Cultural Studies

Publishing House: Goldmann
 Format: Hardcover
 Pages & Size: 336 | 13,5x21,5 cm
 Illustrations: 5 b/w illustrations
 Original title: Menschenschutzgebiet

ULI BURCHARDT

Human Protection Area

WHY WE MUST RADICALLY RETHINK NATURE CONSERVATION, AND HOW TO TURN THE CITIES OF THE FUTURE INTO HEALTHY ECOSYSTEMS

Date of publication: September 18, 2024

Radically rethinking urban politics and climate change

Roads blocked by protesting farmers on their tractors and climate activists gluing themselves to the tarmac, exploding energy prices and rents, anger at the Green Party's policies, growing right-wing parties memberships: the argument over how to deal with the coming climate catastrophe is dividing society – and the prospect of social justice and sustainable communities is in danger of being crushed under the wheels of political trench warfare.


Uli Burchardt – lord mayor of Konstanz, forester and trained farmer – casts a fresh, unideological and hopeful light on the hot topics of our time, from nutrition to agriculture, from digitisation to climate change. Arguing against traditional interpretations of environmental protection, he erases the supposed opposition between 'human pests' and 'fragile nature'. He deftly combines first-hand experience and examples from his professional practice with the major environmental issues of the day, and sketches a vision of a net-zero city of the future that promises the good life: a 'human protection area' – the best habitat we've ever had.

Rather than worrying that we, as outsiders, are damaging nature, we must learn to become an integral part of it.

Ulrich Burchardt

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AUTHOR

Uli Burchardt



© Chris Danneffel

Uli Burchardt, born in 1971, is a sustainability activist. He studied agriculture, has been a manager at Manufactum and a business consultant, is a popular speaker, and has been lord mayor of Konstanz since 2012 – Konstanz was the first German city to declare a climate emergency, and has pledged to achieve net zero by 2035. He is also a founding partner of the CDU/CSU grass roots organisation Klimaunion, and member of the executive committee of the Council of German Cities. In 2011, he published "Ausgezeit: Das Manufactum-Prinzip" ('The end of stinginess: the Manufactum principle').

BETTINA KUTSCHENREITER, CHRISTIAN KUTSCHENREITER

How D'You Do, I'm Beaver

OUR UNUSUAL FRIENDSHIP WITH A WILD BEAVER FAMILY

Date of publication: September 25, 2024

With multi-page insert



Non-Fiction, Nature & Climate Change


Publishing House: Ludwig
 Format: Hardcover
 Pages & Size: 224 | 12,5x20,0 cm
 Illustrations: 16 b/w illustrations
 Original title: Gestatten: Biber

Revealing the unexpectedly 'human' side of the clever beavers and how much we humans also depend on these industrious little builders

Black button eyes, impressive incisors, a big paddle for a tail, thick fur – beavers are not only pretty, but smart, empathetic, communicative, playful and actually very shy. When the Kutschenreiters meet a beaver family on a riverbank, it marks the start of an unusual friendship: the beavers gradually let the couple into their lives, and after a while even deliberately seek them out. Ever since, they have passed that feeling of trust towards them on to their kits. Yet they have also remained wild animals, and preserved their natural timidity.

The wildlife photographers and beaver friends Bettina and Christian Kutschenreiter tell amazing stories about beavers. For example, about their amazingly "human" and empathic social behavior, how amiable and clever they are, or that beavers are a kind of early warning system for all other animals in the area. Where there are beavers, other animals also show up, if the beavers flee, all the other animals disappear immediately.

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AUTHOR

Bettina Kutschenreiter



© Nicole Hartmann/Rotfuchsclan Fotostudio

Bettina Kutschenreiter and Christian Kutschenreiter discovered their passion for nature photography twenty-five years ago. Since 2003, they have specialised in beavers, and their photographs and films have been shown on TV and at talks, as well as published in journals, magazines and books.

AUTHOR

Christian Kutschenreiter



© Nicole Hartmann/Rotfuchsclan Fotostudio

Christian Kutschenreiter and Bettina Kutschenreiter discovered their passion for nature photography twenty-five years ago. Since 2003, they have specialised in beavers, and their photographs and films have been shown on TV and at talks, as well as published in journals, magazines and books.



Non-Fiction, Nature & Climate Change, Non-Fiction, Science & Medicine

Publishing House: Penguin
Format: Hardcover
Pages & Size: 208 | 13,5x21,5 cm
Illustrations: 5 b/w illustrations
Original title: Die Sonne dimmen

THOMAS RAMGE

Dimming the Sun

WHY WE NEED GEOENGINEERING TO KEEP THE WORLD FROM FALLING APART

Date of publication: September 25, 2024


English Sample Translation available

In the next decade or two, we may find ourselves compelled to dim the sun. However, such a decision cannot be left to individual states or corporations.

Humanity cannot move away from fossil fuels fast enough. The Paris Agreement's goal of limiting global warming to a maximum of 2 degrees Celsius can hardly be achieved. This means a fight for survival for billions of people, especially in the Global South. Soon, there will only be a choice between increased suffering from climate change – and solar geoengineering, which artificially cools down the Earth by reflecting the sun's rays back into the stratosphere. Geoengineering is an interim technical solution to the biggest challenge of our time. It buys humanity the time needed to decarbonize the global economy and generate enough green energy to remove the CO₂ from the atmosphere that caused the warming. The renowned science author Thomas Ramge believes it is high time to research and discuss geoengineering and draw up an international plan for responsible use. This plan should prevent individual states, companies, or tech billionaires from simply rushing ahead. Ramge's book breaks the taboo surrounding artificially dimming sunlight. And it will trigger a constructive political debate about how the transition to the post-fossil era can succeed without the world falling apart.

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AUTHOR

Thomas Ramge



© Michael Hudler

Thomas Ramge thinks and writes at the crossroads of technology, economy, and society. He has published 20 non-fiction books and one novel, including "Who's Afraid of AI", "The Global Economy as You've Never Seen It" and "Reinventing Capitalism in the Age of Big Data". His essays and reports appear in, among others, Harvard Business Review, MIT Sloan Management Review, The Economist, and Foreign Affairs, as well as in Die Zeit, Frankfurter Allgemeine Zeitung, and brand eins. Ramge's works have been translated into more than 20 languages. The US editions of his books have been published by Basic Books, MIT Press, and the University of California Press, among others. He has received numerous prizes, including the German Essay Prize, the Axiom Business Book Award (Gold Medal, Economics), the PWC Best Business Book of the Year on Technology and Innovation, the getAbstract International Book Award, the German Business Book Prize, and the ADC Award. Ramge holds a PhD in Sociology of Technology. He is an Associated Researcher at the Einstein Center for Digital Future and an Alumni Senior Research Fellow at the Weizenbaum Institute for the Networked Society. The trained journalist is the host of the podcast SPRIND of the Federal Agency for Disruptive Innovations.

PETER WOHLLEBEN

Beech Life

A TREE TELLS ITS REMARKABLE STORY

Date of publication: August 28, 2024

12 b/w images, with illustrations throughout



Non-Fiction, Nature & Climate Change

Publishing House: Ludwig
 Format: Hardcover
 With illustrations from:
 Mascha Greune
 Pages & Size: 352 | 12,5x20,0
 cm
 Illustrations: 15 b/w
 illustrations
 Original title: Buchenleben

From tiny seed to forest giant: the autobiography of a beech


What would trees tell us, if they could talk? Almost ten years after the publication of Wohlleben's "The Secret Life of Trees", scientists have made so many new discoveries that it's now time for the trees to tell their own story.

In this new book by Germany's most famous forester, a 250-year-old beech tells us about its life: how it slowly grew from a tiny seed into a giant of the forest, the things it has witnessed along the way, the threats to its existence, what 'family' means for a tree, and how to live and survive in the forest. Along the way, we learn some incredible new research findings, such as that trees communicate with clicks (among other things), meaning that they can hear – and not only that: they can see, remember, and even pass on their memories to their offspring.

Based on the latest scientific discoveries, Wohlleben's impressive 'autobiography' of a beech tells the story of the remarkable life of a multifaceted biological being – accessible, entertaining and original, it will appeal to all nature lovers among us, bringing us closer to trees than ever before.

A love letter to the roots of life, the endless cycle of nature, and the beauty of our fragile forests.

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AUTHOR

Peter Wohlleben



© Tobias Wohlleben

Peter Wohlleben, born in 1964, studied forestry and spent over twenty years as a civil servant in the forestry commission. Today, he works at the woodland academy he founded in the Eifel mountains, and campaigns worldwide for the return of the rainforests. He regularly appears on TV, gives lectures and seminars, and has written books on woodland and nature protection that have sold more than 2.5 million copies in Germany alone. He won the 2019 Bavarian Nature Conservation Medal for his unconventional approach to science communication. His books have been translated into more than 45 languages and are bestsellers all over the world.

ILLUSTRATOR

Mascha Greune

Mascha Greune has a degree in design and is a freelance graphic designer and illustrator.

FELIX ADLON, KERSTIN KROPAC

Hedda Adlon

LOVED, HATED, ADMIRER: THE HOTEL QUEEN'S UNCONVENTIONAL LIFE

Date of publication: October 16, 2024

With insert

A fascinating, strong woman in the glitzy Roaring Twenties, the catastrophe of war and the privations of the postwar years – and her one true love

During the final days of the war, chaos and violence reign. One day, Soviet soldiers storm a villa near Potsdam and arrest the Berlin hotel owner Louis Adlon. For thirteen days, his wife Hedda follows his trail across Brandenburg, barefoot, starving and homeless. She was the one who in the 1920s turned the Hotel Adlon into the legend it is today, a meeting place for the rich and famous, politicians and diplomats, artists and industrialists alike. Louis was her one true love – but she was his second wife, and his family never really accepted her. Together, Louis and Hedda manage the hotel until the Second World War puts an end to those glamorous times. Resolved to help the hotel survive this difficult period, they are constantly torn between collaboration and resistance; and after the war, Hedda finds herself among the ruins of her existence...

"Hedda Adlon" is the first ever biography of Hedda. Written by her great-grandson Felix, it tells the moving story of the woman who made Hotel Adlon the legend it still is today.

With exciting new discoveries from the family archive, and written like a thrilling novel.




Non-Fiction, Biographies & Memoirs

Publishing House: Heyne
 Format: Hardcover
 Pages & Size: 288 | 13,5x21,5 cm
 Original title: Hedda Adlon

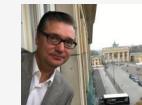
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AUTHOR

Felix Adlon



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Felix Adlon, born in Munich in 1967, is the great-grandson of Lorenz Adlon, who founded the renowned Hotel Adlon more than a hundred years ago. He grew up in Bavaria, studied in the US, and followed in his father Percy's footsteps to become a film director. In 2010, he and his father co-directed the film "Mahler auf der Couch" ("Mahler on the couch"). Felix Adlon is married to the opera singer and singing instructor Nina Adlon, and they live in Vienna with their six children.

AUTHOR

Kerstin Kropac



Non-Fiction, Biographies & Memoirs

Publishing House: Penguin
 Format: Hardcover
 Pages & Size: 304 | 13,5x21,5 cm
 Illustrations: 16 color illustrations, 33 b/w illustrations
 Original title: Münter & Kandinsky

ALICE BRAUNER, HEIKE GRONEMEIER

Münter & Kandinsky

OF THE POWER OF COLOUR – AND A DOOMED LOVE AFFAIR

Date of publication: October 23, 2024

With numerous images


‘You make me so happy, but you also know how to torture me’ (Wassily Kandinsky, letter to Gabriele Münter): the passionate, ill-fated love affair between two artists

At the start of the twentieth century, Gabriele Münter is in Bavaria, living and painting alongside the love of her life, Wassily Kandinsky – and the southern countryside thus becomes the birthplace of a modern artistic impulse that would revolutionise painting and culture, and give birth to the Blue Rider movement. "Münter & Kandinsky" is the highly atmospheric tale of the life and love of two artists. As a young student, Münter fell in love with her teacher, Kandinsky, who was eleven years her senior; their life on the road and in Bavaria's 'blue land' inspired their painting and turned them – together with Wera de Mendel, Jawlensky, Marc and Macke – into pioneering artists. However, though their relationship was artistically productive, privately it was doomed: Münter suffered bouts of depression and creative crises, until she was finally able to step out of the shadow of her mentor and lover. This book conveys the heady fin-de-siècle atmosphere that came to an abrupt end with WWI, and casts a fresh light on the couple's relationship.

- Based on letters, diaries and visits to the places where they lived, this is a fresh look at the relationship between two extraordinary artists

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AUTHOR

Alice Brauner



© Sharon Adler

Alice Brauner, born in 1966, is a journalist, historian and film producer. In 1999, she obtained her PhD at the TU Berlin's Centre for the Study of Anti-Semitism, and later worked for Steven Spielberg's Survivors of the Shoah Visual History Foundation, for which she interviewed her own mother. In 2006, she joined the CCC Film production company founded by her father, Artur Brauner, and became its head in 2019. Among her productions are "Wunderkinder" and "CRESCENDO #makemusicnotwar".

AUTHOR

Heike Gronemeier



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Heike Gronemeier, born in 1969, read literature at university and then worked in prestigious publishing houses in Munich and Berlin as an editor. In 2008, she started her own Munich-based literary agency, text & bild, where she looks after authors including Hillary Clinton, Yael Adler, Mai Thi Nguyen-Kim and Hamed Abdel Samad. She has written numerous bestsellers as a ghostwriter and co-author, including the autobiographies of Natascha Kampusch and Carlos Benede.

HEINRICH BRELOER

Becoming Thomas Mann

A MOVING PORTRAIT OF THE GREAT AUTHOR AS A YOUNG MAN

Date of publication: October 02, 2024

English Sample Translation will be available




Non-Fiction, Biographies & Memoirs

Publishing House: DVA
 Format: Hardcover
 Pages & Size: 320 | 13,5x21,5 cm
 Original title: Ein tadelloses Glück

The Manns as you've never seen them before: young, passionate, torn between social obligations and private feelings

"Becoming Thomas Mann" focuses on the years 1909–1919, a period in the Mann family's life that has hitherto been largely ignored – shedding light on the lives of Thomas, his wife Katia and their respective siblings as they find themselves at the tail-end of youth, experiencing emotional turmoil, feeling lost and trying to make their way in the world. Thomas is at the centre of it all: he's working hard to making his name as a writer, and sometimes finds the creative process painful. He has long been aware of his feelings for other men – feelings he encoded in his early writings – but also knows how problematic they are; to his mind, marriage to Katia Pringsheim is the key to a respectable bourgeois life. Meanwhile, Katia – one of the first women permitted to study under Carl Röntgen – is caught off-guard by Thomas's courtship and the prospect of being his wife. Her mother Hedwig, however, insists on the marriage, even though it would force Katia to give up on her own academic ambitions. The authoritative and lavish "Becoming Thomas Mann" is the story of how the pair ultimately evolved into 'the Manns', whose name would become famous the world over.

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Heinrich Breloer



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Heinrich Breloer, born in 1942, is an acclaimed film and TV director and writer. He has won multiple prizes, including an Emmy, five Grimmes and the German TV Award. In the public mind, his name is almost inextricably linked with that of the Mann family. For his adaptation of "The Buddenbrooks", the TV series "The Manns" and his previous books about the Mann family, he has conducted in-depth interviews with Golo Mann and numerous other descendants and friends, and dived deep into the family's archives – and can thus rightly be called an expert on the family's history.



Non-Fiction, Biographies & Memoirs

Publishing House: Penguin
 Format: Paperback
 Pages & Size: 256 | 13,5x21,5 cm
 Original title: Die Bossin

MARINA BUZUNASHVILLI

Boss Woman

FROM POVERTY TO THE TOP OF THE MUSIC BUSINESS – MY PATH TO SUCCESS, IN 20 RULES

Date of publication: October 16, 2024

Being a woman among tough guys isn't easy: the inspiring, eye-opening story of how one woman made it in the music business

Marina Buzunashvili is one of the most influential names in the German music business, but her path to the top was anything but easy: she grew up in the gritty Kreuzberg neighbourhood in Berlin, where violence and crime were everyday events. Her love for music was her only way out, and she made it against all odds. Today, she is head of PR at Sony Music Germany, played a key role in turning German rappers Kool Savas, Xatar and Haftbefehl into major stars, and regularly works with artists such as Robbie Williams and Adele. Here, for the first time, she tells her whole story – and shares the 20 rules that helped her achieve success. A fascinating glimpse behind the scenes of the music business, and an invaluable guide for anyone who wants to forge their own path and find success – no matter what others think.

- For fans of “The 48 Laws of Power” by Robert Greene, “Anything for a Hit: An A&R Woman's Story of Surviving the Music Industry” by Dorothy Carvello, “More Myself” by Alicia Keys, “Girl in a Band” by Kim Gordon, and “Clothes, Clothes Clothes, Music, Music, Music, Music, Boys, Boys, Boys” by Viv Albertine

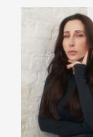
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AUTHOR

Marina Buzunashvili



© Victoria Kämpfe

Marina Buzunashvili, born in Vienna in 1981, is the daughter of Azeri–Georgian parents. She grew up in Berlin, where she still lives today, and in 2004 joined the agency Panorama3000 – initially as an accounts associate, later working in its press and artist management divisions. In 2012 she and a colleague co-founded the music and film agency Musicism & Cinelove, which in 2017 evolved into Die Marina, one of the leading German hip hop management agencies. In 2019 she moved to Sony as head of PR, becoming director of PR in 2020.

CHRISTINE EICHEL

Clara

CLARA SCHUMANN: ARTIST, CAREER WOMAN, WORKING MOTHER – AND FIGHTER

Date of publication: August 28, 2024

With insert

English Sample Translation will be available



Non-Fiction, Biographies & Memoirs

Publishing House: Siedler
 Format: Hardcover
 Pages & Size: 432 | 13,5x21,5 cm
 Original title: Clara

‘I must fight’ (Clara Schumann) – a radically fresh insight into the remarkable woman who was more than a mere muse and companion to her famous husband

Her whole life, Clara Schumann fought for recognition, freedom and her own career. In many ways, she faced the same challenges as women living in the twenty-first century: struggling with her role as the mother of seven children, she found the task of reconciling work and family almost impossible.

Based on hitherto unseen sources, bestselling author Eichel sheds a radically new light on this celebrated pianist and composer’s life, and explodes some persistent clichés: Schumann was no gentle muse standing in her genius husband Robert’s shadow – on the contrary, she fearlessly refuted any man’s right to possess her, liberated herself from her toxic marriage to an unstable husband, and became a star thanks to her carefully cultivated image. As this gripping book shows, the issues Clara faced were surprisingly modern.

• For readers of Andrea Wulf’s "Magnificent Rebels", Oliver Hilmes’s biographies of Alma Mahler-Werfel and Cosima Wagner, and Julia Korbik’s biography of Simone de Beauvoir, "Oh, Simone!".

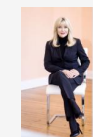
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AUTHOR

Christine Eichel



© Thomas Kierok

Christine Eichel, born in 1959, studied philosophy, literature and musicology and did a PhD on Theodor W. Adorno’s music theory. She has been a television director, presenter, visiting professor at the Berlin University of the Arts and run the culture desk at Cicero magazine. Her non-fiction books "Das deutsche Pfarrhaus" ('The German vicarage', 2012), "Deutschland. Lutherland" ('Germany: Luther’s country', 2015) and Beethoven biography "Der empfindsame Titan" ('Sensitive titan', 2019) were published to great acclaim.



Non-Fiction, Biographies & Memoirs, Non-Fiction, Social & Cultural Studies

Publishing House: Goldmann
Format: Paperback
Pages & Size: 304 | 13,5x21,5 cm
Original title: Rausch und Klarheit

MIA GATOW

Going Dry

ALCOHOL, MY FAMILY, SOCIETY AND ME

Date of publication: September 18, 2024

Mia: young, successful, and an alcoholic – and she’s not alone

Mia is the youngest in a long line of drinkers in her family. She loves red wine, but she’s not half as bad as her crazy gran and her mysterious father, who both killed themselves with drink. She’s just a party girl, a rebel with the soul of an artist. Or so she thinks.

Working as bar staff in Berlin’s night spots teaches her how to drink; older men teach her about sex and theatrics. When it’s time to grow up, she gets out of a toxic relationship, out of the nightlife and the love highs. But the drinking stays. When she’s in her early thirties, she starts settling down, and life seems to be heading in the right direction. But a dark cloud still hangs over her, and she begins to sense that it has something to do with alcohol. After her thousandth hangover, she finds herself sitting in an AA meeting, saying ‘Hi, I’m Mia, and I’m an alcoholic.’ Mia’s story is the story of a big city girl in a prison of her own making. In "Going Dry", Gatow interweaves an analysis of our drinking culture with her own history of addiction, and proposes that drinking isn’t an act of rebellion – being sober is.


- For fans of "The Unexpected Joy of Being Sober" by Catherine Gray and "Quit Like a Woman" by Holly Glenn Whitaker

A wonderful ballad about addiction, longing and love.

Daniel Schreiber

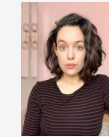
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AUTHOR

Mia Gatow



© privat

Mia Gatow is a freelance writer and designer living in Berlin. She works for Tagesspiegel, Cosmopolitan, Playboy, Gym, various corporate blogs and ad agencies, and illustrates fashion and lifestyle publications. Together with Mika Döring, she presents the weekly podcast SodaKlub – Podcast für Unabhängigkeit ('SodaKlub: a non-addiction podcast').



Non-Fiction, Biographies & Memoirs

Publishing House: btb
 Format: Hardcover
 Pages & Size: 288 | 13,5x21,5 cm
 Illustrations: 29 b/w illustrations
 Original title: Erinnerungen eines Taugenichts

ANATOL REGNIER

Memoir of a Ne'er-do-well

A CHILDHOOD IN MUNICH AND ON THE SHORES OF LAKE STARNBERG

Date of publication: October 30, 2024

History comes alive as Regnier takes us back to 1950s Munich, and an art scene that tries to shake off the burden of war


Ever since he was a child, writer and musician Regnier always felt that we only have one life, full of hopes, full of tears. Born in January 1945 as the son of stage actors and playwrights Charles Regnier and Pamela Wedekind, he grew up in St Heinrich on Lake Starnberg, and later in Munich's Schwabing district. In the 1950s, Schwabing witnessed a lively, bohemian art scene, and young Regnier was fascinated. "Memoir of a Ne'er-do-well" tells the story of his childhood and adolescence, and paints a revealing portrait of life in postwar Germany. Alongside anecdotes about famous relatives, he brings to life many other illustrious personalities of the time, who all left an indelible impression on this future chronicler of the postwar years.

An authentic, atmospheric account of Munich's postwar art scene and a childhood spent on Lake Starnberg, packed with anecdotes and interviewees ranging from the Mann family to Werner Herzog.

- For fans of period biographies and authentic contemporary history, such as books by Volker Weidermann, Florian Illies, Hans Fallada

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AUTHOR

Anatol Regnier



© Mirco Talericio

Anatol Regnier, son of Pamela Wedekind and Charles Regnier, is a former classical guitarist. His biography "Du auf deinem höchsten Dach" ("You, on your highest roof") about his grandmother Tilly Wedekind and her daughters Pamela and Kadidja was a great success. "Jeder schreibt für sich allein" ("Everyone writes only for themselves") was a bestseller, and adapted for the big screen by Dominik Graf.



Non-Fiction, Biographies & Memoirs

Publishing House: C. Bertelsmann
 Format: Hardcover
 Pages & Size: 400 | 13,5x21,5 cm
 Original title: „Und folgt Dir keiner, geh allein“

JÜRGEN TODENHÖFER

“If No One Follows, Make Your Own Way”

MY LIFE SPENT FIGHTING WAR, POVERTY AND RACISM

Date of publication: November 20, 2024

An inspiring book about how one person can make a difference – and a call to stop war, racism, discrimination and injustice

In this book, Todenhöfer looks back on an unusual life in which he has often gone against the mainstream and been willing to risk danger and controversy. He describes his lifelong fight against war and racism, against political, religious and cultural intolerance, against injustice and poverty; he introduces us to the trouble spots around the world which he has visited in past decades, and reveals how he has used his global contact list to help children in war zones, and set up orphanages, hospitals and schools around the world.

Alongside gripping reportage, this book includes profound reflections on the desire for happiness, on how we can turn even the boldest dreams into reality, and on the values we must remain true to, no matter what. In Todenhöfer’s view, justice is the greatest of all virtues – and creating peace is thus a task we have to take on both for our own sake and that of international relationships.

Todenhöfer was always prepared to pay a high price for his ideals, and his motto is ‘If no one follows, go it alone.’ This is his memoir of an eventful life, and a call for us to take action and do the right thing for once.

- New insights into Todenhöfer’s life and work, including in conflict zones such as Gaza, Congo, Iran, Ukraine and Russia

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AUTHOR

Jürgen Todenhöfer

Jürgen Todenhöfer, born in 1940, was a member of the German Bundestag and later an executive in a major international media company. He is a long-standing critic of military intervention in the Middle East, and has travelled widely around the world’s trouble spots for more than fifty years. He has always tried to talk to all sides: with rebels and terrorists, presidents and dictators, and especially with the suffering general population. Bertelsmann has published numerous bestsellers by him, including "Wer weint schon um Abdul und Tanaya?" ('Who cries for Abdul and Tanaya?'), "Andy und Marwa – zwei Kinder und der Krieg" ('Andy and Marwa – two children and war'), "Warum tötetest du, Zaid?" ('Why do you kill, Said?'), "Teile dein Glück" ('Share your luck') and "Inside IS: 10 Tage im Islamischen Staat" ('Inside IS: 10 days with Islamic State'). He has used the income from his books to set up, among others, a children’s home in Afghanistan, a children’s hospital in Congo, and an Israeli-Palestinian reconciliation project.

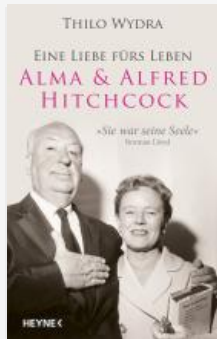
THILO WYDRA

Alma & Alfred Hitchcock

THEIR LOVE LASTED A LIFETIME

Date of publication: July 31, 2024

With insert + images throughout



Non-Fiction, Biographies & Memoirs

Publishing House: Heyne
 Format: Hardcover
 Pages & Size: 496 | 13,5x21,5 cm
 Illustrations: 15 b/w illustrations
 Original title: Alma & Alfred Hitchcock

53 films, 53 years of marriage – the first double biography of a unique couple

Theirs was an extraordinary relationship: in 53 years of marriage, Alfred Hitchcock and his wife Alma created an unparalleled body of work, including the timeless classics "Rebecca", "Rear Window", "Psycho" and "The Birds". But Alma's considerable contribution to her husband's success has long gone unacknowledged. In "Alma & Alfred Hitchcock", Wydra traces the life of this star couple for their first ever joint biography, for which he travelled to California to visit the archive of the Academy of Motion Picture Arts and Sciences, which gave him access to countless documents and other materials, many of which have never been examined before – and to speak to two of the Hitchcocks' granddaughters, who talk movingly and vividly about their grandparents.

Alma was 'Hitch's' right-hand woman – her word was his command, and her support was indispensable to him: an intelligent and emancipated woman, she worked at film studios in London as early as the 1920s (even before Hitch himself), and later became a renowned screenwriter and editor.

Speaking to Wydra, their granddaughter Tere Carrubba said, 'They were like one person.' And when Alma died in LA on 6 July 1982 – two years after her husband – the LA Times commented that 'the Hitchcock touch involved four hands, and two

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AUTHOR

Thilo Wydra



© Tanja Handels/Heyne

Thilo Wydra, born in 1968, studied comparative studies, German, art history and film studies. He has been freelancing as an author and journalist since the 1990s. He has contributed to various newspapers and periodicals (including Der Tagesspiegel, FAZ and NZZ am Sonntag), and was the chief German correspondent at the Cannes Film Festival from 2004 to 2011. Since 2012, he has also acted as advisor for ZDF's history documentaries. He is the author of numerous biographies of artists and of film books, including "Romy Schneider" (2008), "Alfred Hitchcock" (2010), "Grace" (2012), "Ingrid Bergman" (2017), "Hitchcock's Blondes" (2018), the bestselling "Eine Liebe in Paris – Romy und Alain" ('Love in Paris: Romy and Alain', 2020), and "Grace Kelly and Diana Spencer" (2022). His books have been translated into several languages.
www.thilowydra.de

of them belonged to Alma.'

- Based on interviews with the Hitchcocks' granddaughters and hitherto unseen archive material, with previously unpublished family photos

Wydra is a superb biographer and movie connoisseur, and he knows how to satisfy his readers' curiosity.

Hans Helmut Prinzler (renowned cinema scholar and former director of the Deutsche Kinemathek in Berlin)

JANA BAUMANN, ANNE ROTH

Unspeakable

WHAT RAPE MEANS, AND HOW I FOUND MY WAY BACK – WITH A TRAUMA THERAPIST BY MY SIDE

Date of publication: September 11, 2024

A courageous first-hand account of rape

Statistics show that, in Germany, one in seven women suffers sexual violence at some point in her life. The real number is considerably higher. When Baumann was raped in the workplace, the event seemed so incomprehensible, so impossible – and yet it happened. She went to a Berlin clinic specialising in forensic medicine involving victims of violence, as well as to the Lara rape crisis centre and to lawyers, and found out what victims of rape and sexual assault go through every day, and how the system feels like it's stacked against them.

Along the way, Baumann learns – has to learn – a lot, including what it means to deal with such an experience. As she goes through the process, she begins to find her voice; speaking out, saying 'I was raped', gives her courage and strength, but scares her too.

"Unspeakable" is the unflinching account of a life turned upside down by rape: a crime that often has almost no immediate consequences for the perpetrators, but affects victims in countless ways. Baumann writes soberly and shockingly about how she forged her own path, and how she gained new strength and courage. The book also includes contributions by Jana's advisor Anne Roth, who explains what happens from a trauma therapist's perspective.



**Non-Fiction, Psychology,
Non-Fiction, Social & Cultural
Studies**

Publishing House: Mosaik
Verlag
Format: Hardcover
Pages & Size: 240 | 13,5x21,5
cm
Original title: Unsagbar

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AUTHOR

Jana Baumann

Jana Baumann, born in 1980, studied adult education, and now works as a business consultant specialising in systems consulting, advising various German and international organisations. She realised that speaking out when the unspeakable happens can be a source of strength, especially after she was sexually assaulted in 2017.

AUTHOR

Anne Roth

Anne Roth, born in East Berlin in 1988, is a psychotherapist specialising in trauma, and has been an advisor and director at the Lara rape crisis centre for many years. Every day, she tries to help victims of violence find their own path again.



Non-Fiction, Biographies & Memoirs, Non-Fiction, Psychology, Non-Fiction, Social & Cultural Studies

Publishing House: Penguin
Format: Paperback
Pages & Size: 272 | 13,5x20,6 cm
Original title: Mein Mann ist die bessere Mutter

ANNA CLAUß

My Husband Is the Better Mother

HOW I MANAGE TO SUCCESSFULLY JUGGLE FAMILY LIFE AND MY DREAM JOB – OR AT LEAST PRETEND TO

Date of publication: September 11, 2024


An unflinchingly honest and funny account of the impossibility of reconciling children and a career

Spiegel editor Clauß is the author of the long-running and hugely popular parenting column *Menschenskinder*, where she writes openly, honestly and amusingly about her daily struggle to reconcile parenthood and career. She believes that mothers are not inherently better at raising children and managing the household, or have a closer bond with their children, than fathers. In fact, fathers can be good mothers too – and women should not feel guilty and think they're failing as a mother only because they work full time and share the task of raising their children with their partners.

These vivid, authentic stories of her everyday 'double' life with its time pressures, self-doubts and compromises, are full of wit, irony and the realisation that other mothers and fathers find juggling everything just as hard. You can't fix everything, and there's nothing wrong with accepting that your partner might well be the better mother.

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AUTHOR

Anna Clauß



© Dieter Mayr

Anna Clauß is a political editor, biographer and head of section at Spiegel – as well as a wife and the mother of a nine-year-old boy. She writes articles about the CSU party, family politics and feminism, the daily news column *Die Lage am Abend*, as well as op-eds and columns, including her regular Spiegel.de parenting column *Menschenskinder*. Her story of everyday life as a career woman and mother are among the most popular on the Spiegel's website, and resonate with both mothers and fathers.



**Non-Fiction, Economy,
Non-Fiction, Psychology,
Non-Fiction, Social & Cultural
Studies**

Publishing House: DVA
Format: Hardcover
Pages & Size: 256 | 13,5x21,5
cm
Original title: Empathische
Führung

LUNIA HARA

Empathic Leadership

HOW WE CAN REVOLUTIONISE THE WORKPLACE WITH EMPATHY, CREATE HAPPINESS AND ACHIEVE SUSTAINABLE SUCCESS

Date of publication: May 01, 2025

Empathic leadership results in 50% greater efficiency than other leadership styles – a life hack in times of staff shortage and ‘quiet quitting’

Society and the workplace are changing rapidly. From the climate crisis to Covid, WFH and AI, from companies that demand more from their staff to staff who want to work less – fear and stress are taking their toll on our work. Now more than ever, empathy is proving a real superpower when it comes to leading, motivating and encouraging your staff, and enabling them to contribute their best to the common cause. Hara has many years' experience leading diverse teams, and in "Empathic Leadership" she provides practical tips for how leaders can foreground staff, empower them to recognise their talents and goals, and help them release their full potential. In the global, networked world, we need new solutions to reach our goals, so make your staff more successful and satisfied, and give everyday work more meaning: empathic leadership – a life hack in times of staff shortages and quiet quitting.

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AUTHOR

Lunia Hara



© J.C. Blaum

Lunia Hara is an expert in empathic management and a leader in the field of modern management, diversity and culture change. She calls for leaders to reflect on their experiences, values and attitudes in order to achieve more openness and empathy – which in turn means success in all aspects of their organisation. As the director of project management at Diconium (part of VW), she herself leads a diverse team, and advises management teams and executives on empathic leadership. She regularly contributes columns to Spiegel and shares her practical advice and experiences at various events and in panel discussions. She is a Top Voice on LinkedIn, winner of the 2022 Edition F Award for More Courage, and Beyond Gender Agenda's 2023 Woman of the Year.



Non-Fiction, Social & Cultural Studies

Publishing House: btb
 Format: Hardcover
 Pages & Size: 448 | 13,5x21,5 cm
 Original title: Zusammensein

HADIJA HARUNA-OELKER

Togetherness

A PLEA FOR AN INCLUSIVE SOCIETY

Date of publication: October 16, 2024

How to turn ideas around inclusivity into practice – a personal and political story

In 2016, Haruna-Oelker became the mother of a child with a disability, and was confronted with issues that are often kept behind closed doors. Since then, she has tried to find out why some children are excluded from fully participating in society, why inclusivity only exists on paper, and why social Darwinism is gaining ground.

Writing from a Black, intersectional perspective, Haruna-Oelker traces stories that have never before been told and past crimes that have long been suppressed. As her son grows older, she realises that children are able to bridge division and voice the unsaid. As someone who does not live with a disability herself, she sees herself as more than her child's ally – rather, it's a question of thinking about society and politics as a whole, about changing your perspective and about human rights for all. Last but not least, it is about creating a truly inclusive society, where everyone can live the life they want and need.

- Haruna-Oelker's first book, "Die Schönheit der Differenz" ('The beauty of difference') was shortlisted for the Leipzig Book Fair prize
- For fans of Luisa L'Audace ("Behindert und stolz", 'Disabled and proud') and Mareice Kaiser ("Alles inklusive: Aus dem Leben mit meiner behinderten Tochter", 'All-inclusive: life with my disabled daughter')

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AUTHOR

Hadija Haruna-Oelker



© Wolfgang Stahr

The political scientist Hadija Haruna-Oelker, born in 1980, is an author, editor and presenter living in Frankfurt am Main. She works mostly for the Hessische Rundfunk broadcaster, among others for the Der Tag programme. She also presents the regular StreitBar discussion panel at the Anne Frank Educational Institute in Frankfurt, and writes a monthly column for the Frankfurter Rundschau. She is especially interested in youth and social matters, migration and racism. She is the winner of the 2012 KAUSA Media Prize (financed by the Ministry for Education and Research) and the 2015 ARD/Kurt Magnus Radio Prize. Together with Kübra Gümüşay and Uda Strätling, she is the translator of Amanda Gorman's The Hill We Climb. She is also active in the New German Mediamakers journalists' association and the Schwarze Menschen initiative.



Non-Fiction, Social & Cultural Studies

Publishing House: Goldmann
 Format: Hardcover
 Pages & Size: 400 | 13,5x21,5 cm
 Illustrations: 9 b/w illustrations
 Original title: Der Zauber der Zukunft

MATTHIAS HORX

The Future Is Magic

HOW WE'LL CHANGE THE WORLD

Date of publication: September 18, 2024

‘Future is what happens when we look at the world from the perspective of tomorrow – when our spirit can sense the links between present and future’ Matthias Horx


In his new book, renowned trend analyst and futurist Horx presents an unusual account of life and work raging from the Moon Landings to today, an age shaped by pandemic, war and polarisation, when the world seems to be going backwards and a future seems unthinkable.

Along the way, he tests his own attitudes and ideas, and wonders about the forces and dynamics that determine what happens next. Are bad things and evil inevitable? Is there such a thing as progress? Is the human civilisation destined to fail?

In "The Future Is Magic", Horx offers up a new 'humanist futurism' that shores up Homo prospectus, the forward-thinking human – interpreting the future as a spiritual dimension that is an inextricable part of our being. We may err and doubt, but it is thanks to error and doubt that we'll develop those amazing evolutionary abilities that will take our species into the future. A must-read for anyone who looks forward to the future with hope.

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AUTHOR

Matthias Horx



© Klaus Vyhnaek

Even as a tech-mad kid growing up in the 1960s, Matthias Horx was fascinated by the secrets of the future. After a career as journalist and publisher, he has now become one of Germany, Austria and Switzerland's most influential trend forecasters and futurists. He has written more than 20 books, of which several have been bestsellers, and is the founder of the renowned Future Institute think tank. He is a passionate European, and shares his life between London, Frankfurt and Vienna, where he and his family have lived in the Future Evolution House since 2010.



Non-Fiction, Social & Cultural Studies

Publishing House: Goldmann
 Format: Hardcover
 Pages & Size: 208 | 13,5x21,5 cm
 Original title: Mahlzeit!
 Geschichten von Europas Tischen

WLADIMIR KAMINER

Dinner's Served! Tales from Europe's Dinner Tables

STORIES

Date of publication: August 28, 2024

Bom apetite! Dobr apetit! – How food can bring us together


Kaminer is curious about all his neighbours, whether it's individual people or entire countries. And is there a better way to get to know someone than by sharing a meal? When you sit at other people's tables, you get a taste not only of their culture, but their dreams, desires, hopes and fears. On his travels throughout Europe, Kaminer has devoured the contents of plates in Portugal and honey pots in Bulgaria, drunk wine in Moldova and dipped his spoon into Serbian pans. More than that: he has talked to people and immersed himself in their stories and history. In "Dinner's Served!", he reveals a Europe that is as diverse, colourful and surprising as its cuisines.

Kaminer is a wonderful author – and he does what many supposed or self-anointed bridge-builders wish they could do: he actually builds bridges.

Süddeutsche Zeitung

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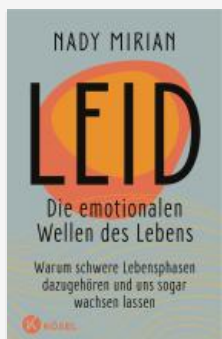
AUTHOR

Wladimir Kaminer



© Dominik Butzmann

Wladimir Kaminer, born in Moscow in 1967, has been living in Berlin since 1990. His volume of short stories, "Russendisko", and numerous other bestsellers have made him into one of the most popular and sought-after writers in Germany.
www.wladimirkaminer.de



**Non-Fiction, Psychology,
Non-Fiction, Social & Cultural
Studies**

Publishing House: Kösel
Format: Hardcover
Pages & Size: 208 | 13,5x21,5
cm
Original title: Leid – Die
emotionalen Wellen des
Lebens

NADY MIRIAN

Suffering: The Emotional Tides of Life

WHY HARD TIMES ARE PART OF LIFE, AND CAN HELP US GROW

Date of publication: August 28, 2024

How we deal with suffering sucks – and here’s why

Our attitude to suffering is in dire need of fixing. On the one hand, our success-focused society suppresses private suffering – crises are meant to make us stronger, and we’re supposed to face up to them with resilience, in order to keep achieving in all areas. On the other hand, media and social networks increasingly show ‘suffering light’: the kind you can digest easily, and simply wipe away like a tear. Meanwhile, profound experiences and emotions are trivialised, and sufferers find themselves more and more marginalised. If you suffer for too long, it feels like you’re a loser, a failure.

But suffering is part of life. Pathei mathos is what they called it in Ancient Greece: ‘Learning from pain.’ Psychotherapist and lecturer Nady Mirian has taken this as her starting point for "Suffering", speaking to people from all walks of life who have overcome times of pain and grief. We all experience sadness and suffering differently, which is why it’s important that we integrate them into our lives in our own, healthy way – thoughtfully and openly, without taboos, without shame. An inspiring and thoughtful call to set aside efficiency and self-optimisation, and reclaim our right to suffer.

- For readers of Eva Illouz, Megan Davies, Rob Delaney and Katherine May

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AUTHOR

Nady Mirian



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Nady Mirian specialises in the question of how we can get better at dealing with suffering. Alongside her work as a child psychotherapist, she teaches education history and pedagogy. She has also lectured at Paris Nanterre University and conducted in-depth research into the history of psychiatry, resilience and cyber bullying.



**Non-Fiction, History,
Non-Fiction, Social & Cultural
Studies**

Publishing House: Goldmann
Format: Hardcover
Pages & Size: 304 | 13,5x21,5
cm
Original title: Weise Frauen

MIRIAM STEIN

Wise Women

WHY WE NEED MORE FEMALE KNOWLEDGE

Date of publication: October 16, 2024

English Sample Translation will be available

The first major accessible, non-esoteric non-fiction book about traditional female knowledge

Healers, shamans, priests, midwives, soothsayers: in antiquity, female communities and networks exchanged valuable, even life-saving, knowledge about nursing, healing, spirituality and sexuality. But in our patriarchal societies with their male-dominated academic discourse, female knowledge was often dismissed as irrelevant or un-serious and esoteric.


In her new book, culture journalist and bestselling author Miriam Stein goes in search of the forgotten heroes of our past, whose work still shapes our lives and thoughts today. It is a very personal journey, on which she talks to the modern heirs of our wise foremothers, including sex workers and shamans. She invites us to rediscover traditional female knowledge, and use it to live a feminist life of modern, empowered sisterhood.

It's time we rediscovered the extensive knowledge of history's invisible women.

Miriam Stein

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AUTHOR

Miriam Stein



© Debora Mittelstaedt

Miriam Yung Min Stein is a journalist and author. She was born in South Korea in 1977 and adopted by a family in Osnabrück, where she grew up. She has performed on stage with Christoph Schlingensiefel and Rimini Protokoll, and published several books, including the bestselling "Die gereizte Frau" ('The irritated woman').

CHRISTIANE STENGER, STEPHAN PHIN SPIELHOFF



Things Don't Get Better Just Like That

HOPE HAS HAD ITS DAY – AND IT'S TIME FOR US TO TAKE CHARGE

Date of publication: November 27, 2024

Crises, wars, catastrophes – why do we keep hoping, instead of actually doing something?

Hope has a problem: now that we need it more than ever, it has failed. More and more people feel like things won't get better in future, and the latest polls show that more than 50% of adolescents worldwide are convinced that humanity is facing extinction. The present seems doomed, thanks to climate change, social injustice, fascism and war. The situation is unbearable. If you want to forge your own path and achieve success, you need hope – but to have hope, we must first understand what it actually means, and why it's so easy to hold out the false kind. In "Things Don't Get Better Just Like That", Stenger and Spielhoff go in search of hope, its origins and evolution. How is it possible to hope that things will be OK, and for them not to be OK at all? Hope needs a revival, because it's more than purely wishful thinking – it's the only tool we have with which to make a start for a better future, for everyone.

- For fans of Fridays for Future




Non-Fiction, Social & Cultural Studies

Publishing House: Goldmann
Format: Paperback
Pages & Size: 256 | 13,5x21,5 cm
Original title: Nichts wird von alleine gut

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Christiane Stenger



© Marco Justus Schöler

Christiane Stenger is a political science graduate, speaker and presenter. She won the junior World Memory Championships several times, and knows not only how to acquire knowledge, but how to keep it and use it creatively. She has published several books, including the bestselling "Lassen Sie Ihr Hirn nicht unbeaufsichtigt!" ('Never leave your brain unsupervised').

AUTHOR

Stephan Phin Spielhoff



© Studio Paprika

Stephan Phin Spielhoff is a writer and podcaster, and lives in Berlin. He has an MA in philosophy from the Free University in Berlin.

RONJA VON WURMB-SEIBEL



Non-Fiction, Social & Cultural Studies

Publishing House: Kösel
 Format: Paperback
 Pages & Size: 224 | 13,5x21,5 cm
 Original title: Zusammen

Community

WHY WE NEED ALLIES, AND HOW TO FIND THEM: THE NEW BOOK BY THE BESTSELLING AUTHOR

Date of publication: September 11, 2024

Ever since humans have been around, togetherness and integrity have literally secured our survival – it’s time to rediscover true community


What do you think of when you hear the word ‘network’? Insta, TikTok, etc.? It’s the paradox of our times: we are more connected than ever, but at the same time, Generations Y and Z especially are yearning for real connection. It’s no wonder, really. Humans have always needed humans – it’s in our genes. In her new book, bestselling author Wurmb-Seibel explains what happens to our bodies, our minds and our social life when we lack company. She asks why it’s sometimes so hard to let new people into our lives, the psychology behind it, and how we can trick our brains to change our future.

"Community" also demonstrates that real connectedness is more important than ever, not just for us as individuals (because good social relationships are important for both our health and providing for our old age), but society as a whole. Many of the challenges we’re confronted with today can only be resolved if we try to reconnect across social divides – and if we make a real effort to champion community and integrity whenever we can.

There are lots of possible starting points, but we must do it together. United, we can change more than merely our own lives.

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AUTHOR

Ronja von Wurmb-Seibel



© Niklas von Wurmb-Seibel

Ronja von Wurmb-Seibel is an award-winning journalist, writer and filmmaker. She worked in Kabul as a reporter for two years, and – surrounded by bad news – learnt to tell inspirational stories. The resulting book, "Wie wir die Welt sehen" ('How we see the world'), was a bestseller. Since then, she and her partner have opened a guesthouse for artists in Bavaria, where she lives alternately with creative types and volunteers. "Community" is her third book.

RICHARD DAVID PRECHT, MARTIN MÖLLER

Who Am I – And If Yes, How Many? The Graphic Novel

AN ILLUSTRATED VOYAGE THROUGH PHILOSOPHY

Date of publication: September 18, 2024

4c throughout

The graphic novel of the bestselling book by Germany's most famous living philosopher

Precht's "Who Am I – And If Yes, How Many?" introduced millions of readers to the big philosophical questions of our time, making him one of Germany's most famous authors. A good fifteen years later, it is being published again – this time as a graphic novel. Illustrated by Jörg Hartmann, it gives us Precht's wisdom inside a modern aesthetic. Everything we know about ourselves from neuroscience, psychology and philosophy is contained within its pages – creating a unique path through the plainly mind-boggling amount of information out there about what it means to be human.

- For readers of "Sapiens" by Yuval Noah Harari and "Sophie's World" by Jostein Gaarder



Non-Fiction, Philosophy

Publishing House: Goldmann

Format: Hardcover


With illustrations from: Jörg Hartmann

Pages & Size: 208 | 18,9x24,6 cm

Original title: Wer bin ich - und wenn ja, wie viele? Die Graphic Novel

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AUTHOR

Richard David Precht



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Richard David Precht, born in 1964, is a philosopher, journalist, and author, and one of the most distinguished intellectuals in the German-speaking countries. He is an honorary professor of philosophy and aesthetics at the Hanns Eisler Academy of Music in Berlin. Ever since his sensational success with "Who Am I – And If Yes, How Many?", his books about philosophy and society have been consistent bestsellers, and they have been translated into 40 languages. Since 2012 he has presented the philosophy programme 'Precht' on the TV channel ZDF, and he discusses social, political and philosophical issues with Markus Lanz on the weekly hit podcast Lanz & Precht.

AUTHOR

Martin Möller



**Non-Fiction, General
Non-Fiction, Non-Fiction,
Humour**

Publishing House: Goldmann
Format: Paperback
Pages & Size: 208 | 13,5x21,5
cm
Illustrations: 10 b/w
illustrations
Original title: O'zapft is!

MARGARETE PRIJAK

O'zapft is!

AN OKTOBERFEST WAITRESS'S QUIRKY TALES AND SURVIVAL TIPS FROM
MUNICH'S 'FIFTH SEASON'

Date of publication: August 28, 2024

Pretzels, beers, brass orchestras: strange tales from the Oktoberfest

Margarete Prijak is an institution in the Augustiner festival hall, and knows the Oktoberfest like the apron on her dirndl. Since 1987, only a fractured knee, the birth of her son and two years of Covid have been able to keep her from working as a so-called Wiesnbedienung. Her experiences on the main Oktoberfest site in Munich can barely be told in an evening – and only just about fit between the covers of a book.

"O'zapft is!" is a panorama of the biggest folk festival in the world, packed with anecdotes, invaluable insider tips, and quirky and fascinating facts. It also includes lessons in the Bavarian dialect, 'Wiesn' playlists, quizzes and lots more.

For example, there's the businessman who, every year before the kegs are tapped, transfers €2,000 into Maggie's account, to ensure that he doesn't lose everything while drunk as a lord; the lost property office which empirically analyses found objects and produces stats about toupees and dentures; VIPs in sometimes questionable outfits; personalised wooden pegs with their iconic inscriptions; the Toboggan and Devil's Wheel aficionados; public urination; the grassy Kotzhügel, where the inebriated gather to sleep it all off – and the tragedy of the 1980 Oktoberfest bombing that put an end to its innocence.



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AUTHOR

Margarete Prijak



© Dieter Mayr

Margarete 'Maggy' Prijak has worked at the Munich Oktoberfest since 1987, when she was sixteen, and only a fractured knee, the birth of her son and two years of Covid have been able to keep her away from the Theresienwiese site where it all happens. In this, she has followed in her mother's and aunt's footsteps, and today, many other members of her family – male and female – can regularly be found among the staff in the Augustiner festival hall. The place feels like Maggy's living room, and between the benches she has laughed, cried and had all sorts of crazy, funny and moving experiences.